



# February 2020 – Lunch Menu

## Franklin County High School



| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| 3  | 4  | 5   | 6  | 7  |
| Boneless Wings<br>Mashed Potatoes<br>Green Peas<br>Biscuit<br>Fruit // Milk  | Fish Fillet<br>Potato Smiles<br>Baked Beans<br>Hushpuppies<br>Fruit // Milk  | Breakfast for Lunch<br>Sausage or Chicken<br>Scrambled Eggs<br>Potato Sidewinders<br>Cherry Tomatoes // Salsa<br>Biscuit // Fruit // Milk | Cheesy Spaghetti<br>Baby Baker Potatoes<br>Steamed Broccoli<br>Garlic Breadsticks<br>Fruit<br>Milk               | Frito Chili Pie<br>Buttered Corn<br>Curly Fries<br>Corn Chips<br>Fruit // Milk                             |
| 10   | 11   | 12  | 13   | 14   |
| Chicken Tenders<br>Mashed Potatoes<br>Green Beans<br>Dinner Roll<br>Fruit // Milk  | Cheesy BBQ Fries<br>Pinto Beans<br>Buttered Corn<br>Dinner Roll<br>Fruit // Milk   | Chicken & Dumplings<br>Mashed Potatoes<br>Green Peas<br>Biscuit<br>Fruit // Milk  | Philly Cheesesteak Sandwich<br>Pinto Beans<br>Deli Roasters<br>Fruit<br>Milk                                     | Chicken & Cakes<br>Potato Sidewinders<br>Roasted Vegetables<br>Fruit<br>Milk                               |
| 17   | 18   | 19  | 20   | 21   |
| No School  | Cheesy Chicken Nachos<br>Pinto Beans<br>Salsa<br>Steamed Carrots<br>Tortilla Chips<br>Fruit // Milk<br>President's Day Cookies | Spaghetti w/ Meatballs<br>Ranch Potato Wedges<br>Steamed Broccoli<br>Garlic Knot<br>Fruit // Milk   | Chicken Fajita<br>Texas Ranchero Beans<br>Roasted Vegetables<br>Potato Smiles<br>Tortilla Shell<br>Fruit // Milk | General Tso Chicken<br>Stir Fry Veggies<br>Buttered Corn<br>Pinto Beans<br>Seasoned Rice<br>Fruit // Milk  |
| 24   | 25   | 26  | 27   | 28   |
| Taco w/Cheese<br>Buttered Corn // Salsa<br>Lettuce/Tomato Cups<br>Texas Ranchero Beans<br>Tortilla Chips<br>Fiesta Rice<br>Fruit // Milk | Chicken Alfredo<br>Cheesy Broccoli<br>Steamed Carrots<br>Black-eyed Peas<br>Dinner Roll<br>Fruit // Milk                       | BBQ Nachos<br>Baked Potato<br>Dill Pickle Spear<br>Pinto Beans<br>Tortilla Chips<br>Fruit // Milk   | Chicken & Shrimp Basket<br>Baked Beans<br>Coleslaw<br>Onion Rings<br>Fruit // Milk                               | Steak & Gravy<br>Mashed Potatoes<br>Green Beans<br>Buttered Corn<br>Dinner Roll<br>Cookie // Fruit // Milk |

**ALL** reimbursable meals **MUST** have a **FRUIT** or **VEGETABLE** on the tray. Students may decline 2 of the 5 meal components - Meat, Grain, Fruit, Vegetable & Milk- but cannot decline BOTH Fruit and Vegetable.

**The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered.**  
**This institution is an equal opportunity provider**