









# BREAKFAST

# OCTOBER 2018

Breakfast is available at no charge to all Franklin County School Students!

This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Choose 1 or 2:</b> 1 Assorted Cereal Cheese Stick Cheez-It's</p> <p><b>OR Choose 1:</b> Dutch Waffle</p>	<p><b>Choose 1 or 2:</b> 2 Assorted Cereal Scrambled Eggs or Egg Omelet Buttered Toast w/Jelly</p> <p><b>OR Choose 1:</b> Frudel</p>	<p><b>Choose 1 or 2:</b> 3 Assorted Cereal Biscuit Sausage or Chicken Gravy / Jelly</p>	<p><b>Choose 1 or 2:</b> 4 Assorted Cereal Yogurt Elf Grahams</p> <p><b>OR Choose 1:</b> Breakfast Burrito</p>	<p>No School 5</p>
<p>No School 8 </p>	<p>No School 9 </p>	<p>No School 10 </p>	<p>No School 11 </p>	<p>No School 12 </p>
<p><b>Choose 1 or 2:</b> 15 Assorted Cereal Yogurt Poptart</p> <p><b>OR Choose 1:</b> Breakfast Pizza</p>	<p><b>Choose 1 or 2:</b> 16 Assorted Cereal Biscuit Sausage or Chicken Gravy / Jelly</p>	<p><b>Choose 1 or 2:</b> 17 Assorted Cereal Egg Omelet Donut Holes</p> <p><b>OR Choose 1:</b> Banana Bread Slice or Breakfast Bun</p>	<p><b>Choose 1 or 2:</b> 18 Assorted Cereal Biscuit Sausage or Chicken Gravy / Jelly</p>	<p><b>Choose 1 or 2:</b> 19 Assorted Cereal Oatmeal Bar Cheese Stick</p> <p><b>OR Choose 1:</b> Pancake/Sausage Stick Condiments: Syrup</p>
<p><b>Choose 1 or 2:</b> 22 Cocoa Cherry Bar Oatmeal</p> <p><b>OR Choose 1:</b> Yeast Ring</p>	<p><b>Choose 1 or 2:</b> 23 Assorted Cereal Biscuit Sausage or Chicken Gravy / Jelly</p>	<p><b>Choose 1 or 2:</b> 24 Assorted Cereal Chocolate Muffin Yogurt or Parfait</p> <p><b>OR Choose 1:</b> Bacon, Egg and Cheese Croissant</p>	<p><b>Choose 1 or 2:</b> 25 Assorted Cereal Cinnamon Roll Cheese Stick</p> <p><b>OR Choose 1:</b> Chocolate Crescent</p>	<p><b>Choose 1 or 2:</b> 26 Assorted Cereal Biscuit Sausage or Chicken Gravy / Jelly</p>
<p><b>Choose 1 or 2:</b> 29 Assorted Cereal Cheese Stick Cheez-It's</p> <p><b>OR Choose 1:</b> Dutch Waffle</p>	<p><b>Choose 1 or 2:</b> 30 Assorted Cereal Scrambled Eggs or Egg Omelet Buttered Toast w/Jelly</p> <p><b>OR Choose 1:</b> Frudel</p>	<p><b>Choose 1 or 2:</b> 31 Assorted Cereal Biscuit Sausage or Chicken Gravy / Jelly</p>	<div data-bbox="1249 1234 1690 1323" data-label="Complex-Block">  <p><b>PAY FOR MEALS ONLINE</b> MySchoolBucks.com</p> </div> 	

The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered.

\*Assorted Juice is offered daily.

\* A variety of milk is offered daily.

\* Each reimbursable breakfast must include a minimum of ½ cup fruit or juice.