

# Geneva County Child Nutrition

## High School Breakfast Menu January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1	Jan - 2	Jan - 3	Jan - 4	Jan - 5 Mini Cinnis Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
Jan - 8 Frudel, Apple String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 9 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 10 Pancakes, Maple Mini WG Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 11 Egg and Cheese on WG Bun Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 12 Poptart, Strawberry WG String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk Skim Milk 1% Milk
Jan - 15	Jan - 16 waffle, mini pillsbury, maple Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Jan - 17 Egg, Omelet Cheese Blueberry Muffin Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Jan - 18 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Jan - 19 Cinnamon bun String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk
Jan - 22 French Toast, mini Maple Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 23 Blueberry Muffin String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 24 Mini Cinnis Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 25 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Jan - 26 Graham Cracker, Cinnamon Yogurt - Strawberry Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
Jan - 29 Fruit Loops Cereal Pouch String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Jan - 30 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Juice, Apple frz 4oz carton	Jan - 31 Wrap, Sausage, & Egg Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Juice, Grape		

A variety of milk is offered daily.

Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**