

Geneva County Child Nutrition

High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Crispito with cheese Romaine Salad Corn on Cob Sister Schubert Wh/ Rol Peaches Oranges, Fresh Fat Free Chocolate Milk 1% Milk Skim Milk Fat Free Strawberry Milk
Sep - 4 LABOR DAY	Sep - 5 Quesadilla, Chicken WG Romaine Salad Refried Beans Corn WK Chips, Doritos NACHO CHEESE Strawberry Cup Bananas Milk, Assorted	Sep - 6 Corndog Romaine Salad Peas, Green, FZN Sweet Potato Fries Grapes, Fresh Fruity Applesauce Milk, Assorted	Sep - 7 General Tso Chicken Beef Nuggets Romaine Salad Mashed Potatoes Blackeye Peas Cornbread Peach Cup Applesauce Cups Milk, Assorted	Sep - 8 Hot Pocket Romaine Salad Potato, Rounds Green Beans, FRZ Carrots, Steamed Oranges, Fresh Cinnamon Spicy Pears Milk, Assorted
Sep - 11 Hamburger Cheeseburger/ ww Romaine Salad Sweet Potato Fries Baked Beans Oranges, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 12 Pizza, Cheese Pizza, Pepperoni 4x6 rectangle Romaine Salad Corn WK Apples, Fresh Peaches, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 13 Hot Dog Chili Dog Romaine Salad Tator Tots Banana Pudding Strawberries, Fresh Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 14 Country Fried Steak Gravy Romaine Salad Turnips Mashed Potatoes Cornbread Grapes, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 15 Spicy Chicken Fillet/ ww Chicken Fillet / ww Romaine Salad Broccoli Florets, FRZ Shoestring fries Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk
Sep - 18 Hot Wings CHICKEN NUGGETS Romaine Salad Blackeye Peas Baked Potato Sister Schubert Wh/ Rol Apples, Fresh Peaches, Diced Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 19 Crispito with cheese Romaine Salad Corn on Cob Sister Schubert Wh/ Rol Oranges, Fresh Pears, Sliced canned Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 20 SPAGHETTI Romaine Salad Italian Vegetables Broccoli Florets, FRZ Breadsticks, Whole Wheat Mandrian Oranges Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 21 Chicken, Bites whole muscle Romaine Salad Lima Beans Fries, French 3/8" crkl cut Sister Schubert Wh/ Rol Fruit Cocktail Strawberries, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 22 Pizza, Cheese Pizza, Pepperoni 4x6 rectangle Romaine Salad Corn WK Apples, Fresh Peaches, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 25 Chicken Fillet / ww Romaine Salad Green Beans, FRZ Sweet Potato Fries Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 26 Sub Sandwich Apple Chicken Salad Crackers Romaine Salad Blackeye Peas Carrots, Steamed Chips, Doritos COOL RANCH Pear, Halves Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 27 Catfish Strips BBQ Sandwich / ww Romaine Salad Baked Beans Cheese Grits Hushpuppies Toast, Whole Wheat Fruity Applesauce Strawberries, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 28 Fajita Nachos Romaine Salad Blackbeans Corn, WK FRZ Sister Schubert Wh/ Rol Peaches Apples, Fresh Fat Free Strawberry Milk 1% Milk Skim Milk	Sep - 29 Pizza, Cheese Pizza, Pepperoni 4x6 rectangle Romaine Salad Peas Apples, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk

A variety of milk is offered daily.
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

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