

Sport	Start Date	Time	Location	Coach Contact	Notes
Volleyball	<u>Varsity/JV:</u> Monday 8/15 Tryouts	5-7pm	HS Gym/ES Gym	saheimk@hlcs.org allenkri@hlcs.org	Cuts will be made after tryouts on August 17 and phone calls to home will be made. Athletes will need appropriate practice attire.
	<u>Modified:</u> Wed. 9/7	3:30pm	Elementary School Field (1 st day of School)	seaman@hlcs.org	Coach Saheim (Varsity), Coach Allen (JV), Coach Seaman (Modified)
X Country	<u>Varsity/JV:</u> Monday 8/22	9am	Park Pavilion across from High School	faulerm@hlcs.org 598-3891	Coach Fauler
	<u>Modified:</u> Thurs. 9/1	9am	Park Pavilion across from High School	conwayj@hlcs.org 321-7421	Coach Conway
Girls Soccer	<u>Varsity:</u> Monday 8/15	7-9am	Elementary School Field	brahamg@hlcs.org	Must bring cleats, shin guards, and plenty of water. Coach Braham
	<u>Modified:</u> Wed. 9/7	3:30pm	Elementary School Field (1 st day of School)	mannj@hlcs.org	Must bring cleats, shin guards, and plenty of water. Coach Mann
Boys Soccer	<u>Varsity/JV:</u> Monday 8/15	7-9am	Elementary School Field	dymondf@hlcs.org robho@roadrunner.com	Must bring cleats, shin guards, and plenty of water. Coach Dymond, Coach Horvath
	<u>Modified:</u> Wed. 9/7	3:30pm	Elementary School Field (1 st day of School)	dylanbasketball6@yahoo.com 307-0073	Must bring cleats, shin guards, and plenty of water. Coach Woodcock
Football	<u>Varsity/JV:</u> Monday 8/15	8am	Lake George High School	bennettj@lkgeorge.org 321-3595	Bus will leave HL High School at 7:00am. Only helmets and cleats will be needed on Monday. Coach Bennett
	<u>Modified:</u> Monday 8/22	8am	LG High School	spraso@yahoo.com 540-379-4212	Coach Varmette
Golf	Tuesday 8/16	8am	Bend of the River Golf Course	connellyj@hlcs.org	Coach Connelly

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