

Monday

Tuesday

Wednesday

Thursday

Friday

★ **NEW Salad Entrees!**
Week of:
Feb 4th – Buffalo or Honey Mustard Chicken Salad
Feb 11th – Asian Chicken Salad
Feb 25th – Fiesta Taco Salad

Pizza Day 1
Assorted Pizza
Tossed Salad

Quesadilla Day 4
Cheese or Chicken
Topping Bar
Green Beans

Chinese New Year 5
Popcorn Chicken
with Sweet and Sour Sauce
Steamed Rice
Seasoned Broccoli

Homemade 6
Macaroni and Cheese
Whole Wheat Dinner Roll
Honey Carrots

Barbecue Day 7
Barbecue Chicken Sandwich
on a whole wheat roll
Topping Bar
Oven Roasted Potatoes

Cruncher Day 8
Pizza or Buffalo Crunchers
Tossed Salad
Italian Bean Salad

Dipper Day 11
Italian Dippers
with Sauce
Green Beans

Fiesta Chicken Bowl 12
Seasoned Chicken
Seasoned Rice
Peppers, Onions, Corn
Topping Bar

Wrap Day 13
Turkey or Italian
on a whole wheat wrap
Carrot Sticks
Cucumber Coins
Topping Bar

Valentine's Day 14
Heart-Shaped Chicken Nuggets
with Sauce
Oven Fries
Strawberry Shortcake

Mid-Winter Break 15

Mid-Winter Break 18

Mid-Winter Break 19

Mid-Winter Break 20

Mid-Winter Break 21

Mid-Winter Break 22

Taco Day 25
Soft-shell taco
with meat and cheese
Refried Beans
Corn

Pizza Munchable Day 26
Flatbread Squares
Pepperoni, Cheese
Sauce
Carrot Sticks

Brunch for Lunch 27
French Toast Sticks
with Syrup
Sausage Links
Hashbrown

Chicken Tenders 28
with Sauce
Honey Biscuit
Green Beans

Menu Subject to Change without Notice.

If you have questions about school meals or our free & reduced program please call the food service office at 696-2112 ext 3117 or contact us at adlerj@hcls.org

We offer a variety of canned and fresh fruit daily. Students must take at least one serving of fruit or vegetable to pay the student meal price.

All student meals contain an 8 ounce serving of fat-free or low-fat milk.

