

Monday

Tuesday

Wednesday

Thursday

Friday

Celebrate Dr. Seuss' Birthday 4

Hop on Pop-corn Chicken
 Poodle Noodles
 Green Thneeds (Green Beans)
 Cat in the Hat Parfait

Homemade Macaroni and Cheese 5

Whole Wheat Dinner Roll
 Honey Carrots

Quesadilla Day 6

Cheese or Chicken
 Topping Bar
 Refried Beans

NEW Salad Entrees!

Week of:
 March 4th – Southwest
 March 11th – Chicken Caesar
 March 18th – Buffalo or Honey Mustard Chicken
 March 25th – Antipasto or Chef

½ day Bag lunches 7

will be Available

Pizza Day 1

Assorted Pizza
 Tossed Salad

Pizza Day 8

Assorted Pizza
 Tossed Salad

Build a Burger Day 11

Hamburger or Cheeseburger on a whole wheat bun
 Topping Bar
 Green Beans
 Oven Roasted Fries

Pizza Munchable Day 12

Flatbread Squares
 Pepperoni, Cheese Sauce
 Carrot Sticks

Sweet 'n' Sour Chicken 13

Seasoned Rice
 Stir Fry Vegetables

Dipper Day 14

Italian Dippers with Sauce
 Broccoli

No School Superintendent Conference Day 15

Soup 'n' Sandwich Day 18

Toasted Cheese Sandwich
 Tomato Soup
 Carrot Sticks with Dip

Walking Taco Day 19

Ground Beef
 Doritos
 Topping Bar
 Refried Beans

Slider Day 20

Meatball Sliders on whole wheat rolls
 Seasoned Broccoli

Melt Day 21

Honey Mustard Chicken Melt Sandwich on a whole wheat roll
 Topping Bar
 Oven Roasted Potatoes

Snack Attack 22

Mozzarella Sticks and Chicken Nuggets with Sauce
 Breadstick
 Tossed Salad

Chicken Tenders with Sauce 25

Honey Biscuit
 Green Beans

Munchable Day 26

Yogurt
 Cheese Stick
 Muffin
 Fresh Vegetables with Dip

Brunch for Lunch 27

French Toast Sticks with Syrup
 Sausage Links
 Hashbrown

Opening Day of Baseball Season 28

Hot Dog or Cheese Dog on a whole wheat bun
 Chili
 Oven Roasted Fries
 Dessert

Cruncher Day 29

Pizza or Buffalo Crunchers
 Italian Bean Salad
 Tossed Salad

If you have questions about school meals or our free & reduced program please call the food service office at 696-2112 ext 3117 or contact us at adlerj@hics.org

We offer a variety of canned and fresh fruit daily. Students must take at least one serving of fruit or vegetable to pay the student meal price.

All student meals contain an 8 ounce serving of fat-free or low-fat milk. Menu subject to change without notice.

We are looking for Substitute Food Service Helpers! Interested? Please call for an application.

