

Monday

Tuesday

Wednesday

Thursday

Friday

★ **NEW After School Café**

Starting March 11th, the cafeteria will be open from 2:35-3 p.m. for snack and beverages Monday – Thursday.

NEW Salad Entrees!

Week of:
March 4th – Southwest
March 11th – Chicken Caesar
March 18th – Buffalo or Honey Mustard Chicken
March 25th – Antipasto or Chef

Pizza Day

Assorted Pizza
Tossed Salad

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Build a Burger Day 4

Hamburger or Cheeseburger on a roll
Topping Bar
Oven Roasted Fries
Roasted Broccoli

Taco Tuesday 5

Soft-shell taco
Seasoned Ground Beef
Topping Bar
Zesty Black Beans

Nugget Day 6

Chicken Nuggets
WG dinner roll
Mashed Potato Smiles
Steamed Carrots

Soup 'n' Sandwich Day 7

Toasted Cheese Sandwich
Tomato Soup
Fresh vegetables with Dip

Pizza Day 8

Assorted Pizza
Tossed Salad

WarEagles Bowl Day 11

Popcorn Chicken
Mashed Potatoes & Gravy
Corn
WG Dinner Roll

Wrap Day 12

Chicken Fajita Wrap
Seasoned Chicken
Peppers and Onions
Southwest Sauce
Rice
Cowboy Beans

Beef Gyro 13

Homemade Tzatziki Sauce
Oven Roasted Fries
Vegetable Topping Bar

Buffalo Chicken Dip 14

Tortilla Chips
Carrot Sticks
Tossed Salad

★ **NEW ITEM!**

No School Superintendent Conference Day 15

Pork Carnitas 18

3-Bean Salad
Corn
Tortilla Chips

Slider Day 19

Meatball Sliders on whole wheat rolls
Seasoned Broccoli
French Fries

★ **NEW ITEM!**

Melt Day 20

Honey Mustard or BBQ
Chicken Melt Sandwich on a whole wheat roll
Topping Bar
Oven Roasted Potatoes

Brunch for Lunch 21

Pancakes
Sausage Link
Hash Brown
Cinnamon Apples

Homemade Calzones 22

with Sauce
Tossed Salad

★ **NEW ITEM!**

Dipper Day 25

Italian Dippers with Sauce
Seasoned Broccoli

Quesadilla Day 26

Cheese or Chicken Bacon Ranch
Topping Bar
Cheesy Refried Beans

Wrap Day 27

Cheeseburger Wrap
French Fries
Topping Bar
Green Beans

★ **NEW ITEM!**

Opening Day of Baseball Season 28

Hot Dog with cheese and chili or chili cheese fries
Veggie Sticks
Ice Cream Dessert

Snack Attack 29

Mozzarella Sticks and
Chicken Tenders with Sauce
Breadstick
Tossed Salad

If you have questions about school meals or our free & reduced program please call the food service office at 696-2112 ext 3117 or contact us at adlerj@hlcs.org

We offer a variety of canned and fresh fruit daily. Fresh carrot sticks are available daily.

Students must take at least one serving of fruit or vegetable to pay the student meal price.

All student meals contain an 8 ounce serving of fat-free or low-fat milk. Menu subject to change without notice.

We are looking for Substitute Food Service Helpers! Interested? Please call for an application.

