

Monday

Tuesday

Wednesday

Thursday

Friday

NEW Salad Entrees!
 Week of:
 May 3rd – Strawberry Fields
 May 6th –Asian Chicken
 May 13th – BBQ or Buffalo Chicken
 May 20th – Antipasto
 May 27th - Taco

Maple Apple French Toast **1**
 Sausage Link
 Tater Tots
 Fruit Salad
 ★

Glazed **2**
 Chicken Drumstick or
 Chicken Pot Pie Bowl
 Buttered Noodles
 Spicy Carrots
 ★

Celebrating Cinco de Mayo 3
 Fiesta Bowls
 Seasoned Taco Meat
 Lettuce, Tomato, Cheese
 Salsa, Sour Cream
 Cheesy Refried Beans
 Spanish Rice

National Hoagie Day 6
 Breaded chicken
 on a sub roll
 Topping Bar
 Baked Lays
 Fresh Vegetables
 ★

Wrap Day 7
 Thai Chili Chicken on a ww wrap
 Steamed Rice
 Seasoned Broccoli
 Fortune Cookie
 ★

Celebrating NY Products 8
 Philly Cheesesteaks
 (beef from St. Croix farm)
 on a sub roll
 Local Roasted Potatoes
 Peppers, Onions, Cheese
 NYS milk and apples★

Big Mac Flatbreads 9
 St Croix Farm Ground Beef
 on a flatbread
 Cheese, Sauce, Topping Bar
 Oven Roasted Fries
 Roasted Cauliflower
 ★

Dipper Day 10
 Italian Dippers
 with Sauce
 Tossed Salad
 Zesty Broccoli

WarEagles Bowl Day 13
 Popcorn Chicken
 Mashed Potatoes & Gravy
 Corn
 WG Dinner Roll

Taco Tuesday 14
 Seasoned Beef or Chicken
 on a hard or soft taco shell
 Topping Bar
 Corn and Black Bean Salsa
 ★

Chicken Sandwich Day 15
 Plain, Buffalo, or Italian
 Breaded chicken
 on a whole wheat roll
 Topping Bar
 Oven Roasted Potatoes,
 Roasted Broccoli
 National Chocolate Chip Cookie Day

Brunch for Lunch 16
 Eggo Vanilla Pancakes with
 Sausage Link or
 Sausage, Egg, and Cheese
 Biscuit
 Hashbrowns and Baby Carrots
 Cinnamon Apples

National Pizza Party 17
 Day
 Assorted Pizza
 Tossed Salad
 Green Beans

Quesadilla Day 20
 Cheese or Assorted Chicken
 Topping Bar
 Spanish Rice
 Black Beans

Snack Attack 21
 Mozzarella Sticks
 Chicken Tenders
 Smiley Fries
 Green Beans
National Strawberries and Cream Day (with biscuit)

★ **Frito Boats 22**
 Chili
 Corn Chips
 Cheese and other Toppings
 Zesty Broccoli
National Vanilla Pudding Day

Buffalo Chicken Tots 23
 Buffalo Chicken
 over tater tots
 Tossed Salad
 Carrots and Celery Sticks
 ww dinner roll
 ★

NO SCHOOL 24

NO SCHOOL 27

National Hamburger Day 28
 Hamburger or Cheeseburger
 or Pulled Pork
 on a whole wheat bun
 Topping Bar
 Zesty BBQ Beans
 Waffle Fries

Wrap Day 29
 Chicken Fajita
 on a ww wrap
 Peppers and Onions
 Southwest Sauce
 Topping Bar
 Cheesy Refried Beans

Cruncher Day 30
 Pizza or Buffalo Crunchers
 Pasta Salad
 Green Beans

Cheesy Italian Pinwheels 31
 Ham, Pepperoni, Cheese
 Marinara Sauce
 Tossed Salad
 Seasoned Broccoli
 ★

If you have questions about school meals or our free & reduced program please call the food service office at 696-2112 ext 3117 or contact us at adlerj@hlcs.org

We offer a variety of canned and fresh fruit daily. Fresh carrot sticks are available daily.

Students must take at least one serving of fruit or vegetable to pay the student meal price.

Friday, May 3 is School Lunch Hero Day! Help us celebrate the hardworking staff who prepare our yummy and nutritious food.