

**Hamilton
County
Elementary &
Middle
Schools**

Lunch

**august
2016**



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7

Welcome

Back!!!

11
Choose up to 1 Entree:
Cheese OR
Pepperoni Pizza OR
Mini Chicken Sandwiches
Choose up to 2 Vegetables:
Garden-Fresh Salad
Sweet Golden Corn
Choose up to 1 Fruit
Choose up to 1 Milk

12
Choose up to 1 Entree:
BBQ Rib Sandwich OR
Fish Shapes w/ Roll
Choose up to 2 Vegetables:
Crinkle Fries
Carrot Dippers w/ Ranch
Choose up to 1 Fruit
Choose up to 1 Milk

15
Choose up to 1 Entree:
Popcorn Chicken OR
Homemade Spaghetti
Both Come with Breadstick
Choose up to 2 Vegetables:
Sweet Potato Casserole
Garden-Fresh Salad
Choose up to 1 Fruit
Choose up to 1 Milk

16
Choose up to 1 Entree:
Beef Taco
w/ Spanish Rice
OR Grilled Cheese
Choose up to 2 Vegetables:
Potato Wedges
Carrot Dippers w/ Ranch
Choose up to 1 Fruit
Choose up to 1 Milk

17
Choose up to 1 Entree:
Hot Dog
w/ Beef Chili OR
Pizza Quesadilla
Choose up to 2 Vegetables:
Potato Rounds
Creamy Cole Slaw
Choose up to 1 Fruit
Choose up to 1 Milk

18
Choose up to 1 Entree:
Mini Corn Dogs OR
Hamburger / Bun*
Choose up to 2 Vegetables:
Crinkle Fries
Home-style Baked Beans
Choose up to 1 Fruit
Choose up to 1 Milk
Cookie

19
Choose up to 1 Entree:
Dorito Loco Chicken
Taco Salad OR
Cheese OR
Pepperoni Pizza
Choose up to 2 Vegetables:
Steamed Broccoli
Sweet Golden Corn
Choose up to 1 Fruit
Choose up to 1 Milk

22
Choose up to 1 Entree:
Soft Shell Taco* w/
Spanish Rice OR
Mini Chicken Sandwiches
Choose up to 2 Vegetables:
Refried Beans
Steamed Broccoli
Choose up to 1 Fruit
Choose up to 1 Milk

23
Choose up to 1 Entree:
BBQ Popcorn Chicken
OR Fish Shapes
Both Come with Roll
Choose up to 2 Vegetables:
Curly Fries, Creamy Cole Slaw
Seasoned White Beans
Choose up to 1 Fruit
Choose up to 1 Milk

24
Choose up to 1 Entree:
Hamburger/ Bun* OR
Ham and Cheese Wrap
Choose up to 2 Vegetables:
Potato Rounds
Carrot Dippers w/ Ranch
Choose up to 1 Fruit
Choose up to 1 Milk

25
Choose up to 1 Entree:
Cheese Pizza OR
Pepperoni Pizza OR
Chicken Fajita*
Choose up to 2 Vegetables:
Sweet Golden Corn
Garden-Fresh Side Salad
Choose up to 1 Fruit
Choose up to 1 Milk

26
Choose up to 1 Entree:
BBQ Rib Sandwich OR
Grilled Cheese
Choose up to 2 Vegetables:
Steamed Carrots
Curly Fries
Choose up to 1 Fruit
Choose up to 1 Milk

29
Choose up to 1 Entree:
Dorito Loco Chicken
Taco Salad OR
Homemade Spaghetti
Choose up to 2 Vegetables:
Steamed Broccoli
Sweet Golden Corn
Choose up to 1 Fruit
Choose up to 1 Milk

30
Choose up to 1 Entree:
Cheese OR
Pepperoni Pizza OR
Hot Dog
w/ Beef Chili
Choose up to 2 Vegetables:
Garden-Fresh Salad
Crinkle Cut Fries
Choose up to 1 Fruit
Choose up to 1 Milk

31
Choose up to 1 Entree:
Chicken Quesadilla
Manager's Choice
Choose up to 2 Vegetables:
Sweet Potato Fries
Seasoned White Beans
Choose up to 1 Fruit
Choose up to 1 Milk
Sugar Free Gelatin

Lunch- A lunch includes:

- Up to 1 entrée (meat/meat alternate & grain)
- Up to 2 vegetables**
- Up to 1 fruit**
- Up to 1 low-fat or fat-free Mayfield's milk.

**A lunch must include a fruit or vegetable and at least 2 full other components to avoid paying a la carte

Other Daily Lunch Entrees

- PB&J w/ String Cheese & Crackers
- Chef Salads (Variety)
- Yogurt & Granola w/ String Cheese & Goldfish Crackers

Items with * are served with lettuce and tomato

Lunch Prices: For Non CEP Schools: Paid \$3.00 (Pre-K-12), Reduced \$0.40 (Pre-K-12), HCDE Employees \$3.75, Visitors \$4.50

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