

**Hamilton
County
Elementary
Schools**

Lunch

February

2017



Monday

Choose up to 1 Entree: 30
 Cheesy Garlic Bread
 OR Chicken Nachos*
Choose up to 2 Vegetables:
 Refried Beans
 Garden Side Salad
 Carrot Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 6
 Crispy Chicken Sandwich
 OR Cheesy Breadsticks
Choose up to 2 Vegetables:
 Crinkle Cut Fries
 Seasoned Broccoli
 Carrot Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 13
 Dorito Walking Taco* OR
 Chicken Drumstick
 Warm Dinner Roll
Choose up to 2 Vegetables:
 Crinkle Cut Fries
 Seasoned White Beans
 Carrot Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

**Presidents'
Day
No School**

Choose up to 1 Entree: 27
 Cheesy Garlic Bread OR
 Chicken Nachos*
Choose up to 2 Vegetables:
 Refried Beans
 Garden Side Salad
 Carrot Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Tuesday

Choose up to 1 Entree: 31
 Spaghetti/Breadstick OR
 Cheese Quesadilla
Choose up to 2 Vegetables:
 Sweet Golden Corn
 Seasoned Broccoli
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 7
 BBQ Rib Sandwich OR
 Popcorn Chicken/Roll
Choose up to 2 Vegetables:
 Homestyle Baked Beans
 Sweet Potato Fries
Choose up to 1 Fruit
Choose up to 1 Milk
 Sugar-free gelatin

Choose up to 1 Entree: 14
 Grilled Cheese OR
 Cheese Quesadilla
Choose up to 2 Vegetables:
 Sweet Potato Fries
 Sweet Golden Corn
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 21
 Hamburger/Bun OR
 Chicken Tetrazzini
Choose up to 2 Vegetables:
 Sweet Potato Fries
 Seasoned Broccoli
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 28
 Spaghetti & Meatballs OR
 Breadstick
 OR Cheese Quesadilla
Choose up to 2 Vegetables:
 Sweet Golden Corn
 Seasoned Broccoli
Choose up to 1 Fruit
Choose up to 1 Milk

Wednesday

Choose up to 1 Entree: 1
 Chicken Chili* OR
 Philly Cheesesteak Sub
Choose up to 2 Vegetables:
 Crinkle Cut Fries
 Seasoned Green Beans
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entrée: 8
 Hamburger/Bun* OR
 Chicken Fajitas*
Choose up to 2 Vegetables:
 Potato Wedges
 Sweet Golden Corn
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 15
 Cheesy Garlic Bread OR
 Teriyaki Beef
 Asian Brown Rice
Choose up to 2 Vegetables:
 Stir-fry Vegetables
 Garden Side Salad
 Carrot Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entrée: 22
 Hot Dog w/ Chili OR
 Chicken Fajitas*
Choose up to 2 Vegetables:
 Potato Wedges
 Creamy Coleslaw
 Carrot Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

LUNCH- A lunch includes 5 components:
 • Up to 1 entrée (meat/meat alternate, grain may be included)
 • Up to 1 grain (may be included in entrée)
 • Up to 2 vegetables*
 • Up to 1 fruit*
 • Up to 1 low-fat or fat-free Mayfield's milk.
 *A lunch must include 1/2 cup of fruit or vegetable and at least 2 full other components to avoid paying a la carte. Students may take 3 to 5 of the components for a complete meal.

Thursday

Choose up to 1 Entree: 2
 Beef Tacos* OR
 Mini Chicken Sandwiches
Choose up to 2 Vegetables:
 Potato Wedges
 Seasoned Black Beans
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 9
 Turkey & Gravy
 Bread Bowl
 OR Cheese Pizza
 OR Pepperoni Pizza
Choose up to 2 Vegetables:
 Garden Side Salad
 Creamed Potatoes
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 16
 Spaghetti & Meatballs OR
 Breadstick
 BBQ Pulled Pork Sandwich
Choose up to 2 Vegetables:
 Potato Wedges
 Seasoned Green Beans
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 23
 Chicken Parmesan
 OR BBQ Rib Sandwich
Choose up to 2 Vegetables:
 California Blend
 Sweet Golden Corn
Choose up to 1 Fruit
Choose up to 1 Milk
 Cookie

Friday

Choose up to 1 Entree: 3
 Teriyaki Popcorn Chicken OR
 Pulled BBQ Pork Sandwich
Choose up to 2 Vegetables:
 Baked Potato
 Stir-fry Vegetable
 Broccoli Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 10
 Chicken Nuggets OR
 Potato Crusted Fish
 Warm Dinner Roll
Choose up to 2 Vegetables:
 Sweet Potato Casserole
 Seasoned Green Beans
 Broccoli Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 17
 Chili Cheese Nachos OR
 Lasagna/Breadstick
Choose up to 2 Vegetables:
 Garden Side Salad
 Baked Potato
 Broccoli Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Choose up to 1 Entree: 24
 Corn Dog OR
 Cheese Pizza OR
 Pepperoni Pizza
Choose up to 2 Vegetables:
 Crinkle Cut Fries
 Garden Side Salad
 Carrot Dippers
Choose up to 1 Fruit
Choose up to 1 Milk

Additional Daily Lunch Options

- PB&J w/ String Cheese & Crackers
- Chef Salads (Variety)
- Yogurt & Granola w/ String Cheese & Crackers

Items with * are served with lettuce and tomato

Lunch Prices:

Paid \$3.00 (Pre-K-12), Reduced \$0.40 (Pre-K-12), HCDE Employees \$3.75, Visitors \$4.50

This institution is an equal opportunity provider.

This menu is subject to change. Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.