

Hamilton County Elementary Schools Breakfast

Not always what they seem!: To provide healthier options of common favorites, some meat options may not be what you would expect. The pictures below are used throughout the menu to help you know what's what!



Breakfast Includes:

- Hot or Cold Entrée (includes grain and sometimes meat/meat alternate)
 - 100% Fruit Juice*
 - Whole Fruit*
 - Low-Fat or Fat-Free Mayfield's milk.

*A student breakfast must include a fruit or juice and 2 other items to avoid paying a la carte. Students must take 3 items but may take all 5 items for a complete meal.

Meal Accounts: Money is added to your child's meal account by visiting www.mypaymentsplus.com or by sending in cash or check. Online, funds deposited into the "meal" account cannot be used for a la carte, but funds deposited into the "general" account can. You may also specify which account you would like to add to when sending cash or check.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza 27	Chicken Biscuit OR Plain Biscuit / Jelly 28	Mini Maple Pancakes 1	Sausage Biscuit OR Plain Biscuit / Jelly 2	French Toast Sticks 3
Chicken Biscuit OR Plain Biscuit / Jelly 6	Hot Apple Pastry 7	Sausage Biscuit OR Plain Biscuit / Jelly 8	Breakfast Pizza 9	Pancake on a Stick 10
Mini Cinnamon Rolls 13	Scrambled Eggs, Turkey Bacon, Toast 14	Chicken Biscuit OR Plain Biscuit / Jelly 15	Muffin w/ Oatmeal 16	17 Professional Development Day No School
20	21	22	23	24

Have a Safe and Happy Spring Break!!!

Chicken Biscuit OR Plain Biscuit / Jelly 27	Hot Apple Pastry 28	Sausage Biscuit OR Plain Biscuit / Jelly 29	Breakfast Pizza 30	Pancake on a Stick 31
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Additional Daily Breakfast Options

- Yogurt w/ Graham Crackers or Toast
- Cereal w/ Toast
- Toast (2) / Jelly
- Peanut Butter Entrees
- Soft Oatmeal Bar

Energizing Gives you strength Helps you pay attention Healthy Feeds your body & mind Increases test scores

Breakfast Prices: Paid \$2.00 (Pre-K-12), Reduced \$0.30 (Pre-K-12), HCDE Employees \$2.50, Visitors \$2.75

This institution is an equal opportunity provider.

This menu is subject to change. Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.