

**Hamilton  
County  
Elementary  
Schools**

# Breakfast

**Not always what they seem!:** To provide healthier options of common favorites, some meat options may not be what you would expect. The pictures below are used throughout the menu to help you know what's what!

Beef 

Turkey 

Fish 

Pork 

Chicken 

Vegetarian (No Meat) 

**Breakfast** - All breakfast meals come with:











- Hot or Cold Entrée (includes grain and sometimes meat/meat alternate)
- 100% Fruit Juice\* and Whole Fruit \*
  - Low-Fat or Fat-Free
  - Mayfield's milk.

\*A student breakfast must include a fruit or juice and 2 other items to avoid paying a la carte. Students must take 3 items but may take all 5 items for a complete meal.

**Meal Accounts:** Money is added to your child's meal account by visiting [www.mypaymentsplus.com](http://www.mypaymentsplus.com) or by sending in cash or check. Online, funds deposited into the "meal" account cannot be used for a la carte, but funds deposited into the "general" account can. You may also specify which account you would like to add to when sending cash or check.

may  
2017



Monday	Tuesday	Wednesday	Thursday	Friday
 <b>1</b> Breakfast Pizza Boat	 <b>2</b> Chicken Biscuit <u>OR</u> Plain Biscuit / Jelly	 <b>3</b> Mini Maple Pancakes	 <b>4</b> Sausage Biscuit <u>OR</u> Plain Biscuit / Jelly	 <b>5</b> French Toast Sticks
 <b>8</b> Chicken Biscuit <u>OR</u> Plain Biscuit / Jelly	 <b>9</b> Hot Apple Pastry	 <b>10</b> Sausage Biscuit <u>OR</u> Plain Biscuit / Jelly	 <b>11</b> Breakfast Pizza	 <b>12</b> Pancake on a Stick
<b>15</b> Manager's Choice	<b>16</b> Manager's Choice	<b>17</b> Manager's Choice	<b>18</b> Manager's Choice	<b>19</b> Manager's Choice
<b>22</b> Manager's Choice	<b>23</b> Manager's Choice	<b>24</b> Manager's Choice	<b>25</b> Manager's Choice	<b>26</b> Report Card Day No School

In order to use up food and reduce wasted food, each cafeteria will serve something different on "Manager's Choice" days at breakfast & lunch. You can check with your school's cafeteria to see what will be served.

## HAVE A GREAT SUMMER!



**Additional Daily Breakfast Options**

- Yogurt w/ Graham Crackers or Toast
- Cereal w/ Toast
- Toast (2) / Jelly
- Peanut Butter Entrees
- Soft Oatmeal Bar

**Breakfast Prices:** Paid \$2.00 (Pre-K-12), Reduced \$0.30 (Pre-K-12), HCDE Employees \$2.50, Visitors \$2.75

This institution is an equal opportunity provider.