

2018

CALENDAR YEAR / MONTH


















APRIL

LUNCH

Hamilton County
Pre-Kindergarten Menu

Head Start, State/Title, & Exceptional Ed (CDC, etc.)

Lunch Prices:
Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
02 03 04 05 06 Spring Break! No School				
09 10 11 12 13				
 Potato Crusted Fish Sandwich OR  General TSO's Chicken w/ Asian Brown Rice Seasoned Broccoli OR Sweet Potato Casserole OR Carrot Dippers † Fruit Choice of 1 Milk	 BBQ Rib Sandwich OR Chicken Drumstick Southern Green Beans OR Mashed Potatoes OR † Fruit Choice of 1 Milk	 Chicken Chili w/ Crackers OR Italian Breaded Mozzarella Sticks Sweet Golden Corn OR Tater Tots OR Celery Dippers † Fruit Choice of 1 Milk	 Cheese Quesadilla OR Mandarin Orange Chicken w/ Asian Brown Rice Glazed Carrots Garden-Fresh Salad † Fruit Choice of 1 Milk	 Crispy Chicken Sandwich* OR Spanish Nachos Refried Beans OR Curly Fries OR Carrot Dippers † Fruit Choice of 1 Milk
16 17 18 19 20				
 Chicken Alfredo OR Pulled Pork Sandwich Potato Wedges OR Fresh Steamed Broccoli OR Carrot Dippers † Fruit Choice of 1 Milk	 Hot Dog/Bun OR Mini Chicken Sandwiches Creamy Coleslaw OR Shoestring Fries † Fruit Choice of 1 Milk	 Chicken Tetrizzini OR Hamburger/Bun* Fresh Green Beans OR Waffle Fries OR Carrot Dippers † Fruit Choice of 1 Milk	 Cheese Pizza OR Pepperoni Pizza OR Chicken Teriyaki w/ Brown Rice Stir-Fry Vegetables OR Garden-Fresh Salad † Fruit Choice of 1 Milk Sugar-free gelatin 	 Grilled Cheese OR Chicken Nuggets Curly Fries OR Sweet Golden Corn OR Celery Dippers † Fruit Choice of 1 Milk
23 24 25 26 27				
 Turkey Sub OR Country Fried Steak Mashed Potatoes OR Seasoned Broccoli OR Carrot Dippers † Fruit Choice of 1 Milk	 Manager's Choice Entree & Grain OR Santa Fe Mac & Cheese Sweet Golden Corn OR Tater Tots † Fruit Choice of 1 Milk	 BBQ Rib Sandwich OR Cheese Pizza OR Pepperoni Pizza Roasted Potatoes OR Celery Dippers † Fruit Choice of 1 Milk	 Spaghetti & Meatballs OR Crispy Chicken Sandwich* Curly Fries OR Fresh Steamed Broccoli † Fruit Choice of 1 Milk	 Chicken Nuggets OR Cheese Quesadilla Refried Beans OR Sweet Potato Waffle Fries OR Carrot Dippers † Fruit Choice of 1 Milk
30 01 02 03 04				
<p>Lunch Includes: A Pre-K lunch must include a meat/meat alternate choice, a grain choice (if not included with the meat/meat alternate), 1/4 C of ONE vegetable choice, 1/4 C of ONE fruit choice as described below, and a choice of an unflavored fat-free milk OR an unflavored 1% milk. Head Start Pre-K students <u>must</u> take 1 choice from all 5 components at lunch. † State/Title and Exceptional Education (CDC, etc.) Pre-K will be provided their 1/4 C fruit component as a snack after lunch.</p>			<p>Other Daily Lunch Options -PBJ Sandwich with String Cheese and Crackers -Yogurt & Granola w/ String Cheese & Crackers</p>	
			<p>* = served with lettuce & tomato</p>	