

2018

CALENDAR YEAR / MONTH

FEBRUARY

LUNCH

Hamilton County
Pre-Kindergarten Menu

Head Start, State/Title, & Exceptional Ed (CDC, etc.)

Lunch Prices:
Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
01 Meatloaf/Roll OR Mini Chicken Sandwiches Mashed Potatoes OR Southern Green Beans OR Carrot Dippers † Fruit Choice of 1 Milk	Mandarin Orange Chicken w/ Brown Rice OR Manager's Choice Entrée & Grain Sweet Golden Corn OR Seasoned Broccoli † Fruit Choice of 1 Milk	Pulled Pork Sandwich OR Spanish Nachos Homstyle Baked Beans OR Potato Wedges OR Broccoli Dippers † Fruit Choice of 1 Milk	Manager's Choice Entrées & Grains Manager's Choice Vegetables † Fruit Choice of 1 Milk	Manager's Choice Entrées & Grains Manager's Choice Vegetables † Fruit Choice of 1 Milk
05 Crispy Chicken Sandwich* OR Manager's Choice Entrée & Grain Sweet Golden Corn OR Shoestring Fries OR Carrot Dippers † Fruit Choice of 1 Milk	Manager's Choice Entrée & Grain OR Chicken Fajitas Manager's Choice Vegetables † Fruit Choice of 1 Milk	Chicken Nuggets OR Country Fried Steak Southern Green Beans OR Mashed Potatoes Carrot Dippers † Fruit Choice of 1 Milk	Pulled Pork Sandwich OR Chicken Parmesan Seasoned Broccoli OR Sweet Potato Waffle Fries OR † Fruit Choice of 1 Milk	Manager's Choice Entrées & Grains Manager's Choice Vegetable OR Celery Dippers † Fruit Choice of 1 Milk
Beef Stroganoff OR Chicken Nuggets Seasoned Broccoli OR Sweet Potato Casserole Carrot Dippers † Fruit Choice of 1 Milk	Pulled Pork Sandwich OR Chicken Drumstick Southern Green Beans OR Mashed Potatoes OR † Fruit Choice of 1 Milk	Crispy Chicken Sandwich OR Cheese Quesadilla Refried Beans OR Waffle Fries OR Celery Dippers † Fruit Choice of 1 Milk	Mandarin Orange Chicken w/ Asian Brown Rice OR Cheese Pizza OR Pepperoni Pizza Glazed Carrots † Fruit Choice of 1 Milk	Hamburger/Bun* OR Manager's Choice Entrée & Grain Curly Fries OR Sweet Golden Corn OR Carrot Dippers † Fruit Choice of 1 Milk
Presidents' Day No School	Mini Chicken Sandwiches OR Hot Dog/Bun Creamy Coleslaw OR Shoestring Fries † Fruit Choice of 1 Milk	Hamburger/Bun* OR Chicken Tetrazzini Southern Green Beans OR Potato Wedges OR Carrot Dippers † Fruit Choice of 1 Milk	Chicken Teriyaki w/ Brown Rice OR Cheese Pizza OR Pepperoni Pizza Manager's Choice Vegetable † Fruit Choice of 1 Milk Sugar-free gelatin	Grilled Cheese OR Chicken Nuggets Tomato Soup OR Sweet Golden Corn OR Celery Dippers † Fruit Choice of 1 Milk
	Hot Turkey Sandwich OR Country Fried Steak Mashed Potatoes OR Seasoned Broccoli OR Carrot Dippers † Fruit Choice of 1 Milk	Hamburger/Bun* OR Santa Fe Mac & Cheese OR Chicken Nuggets Curly Fries OR Sweet Golden Corn † Fruit Choice of 1 Milk	Pulled Pork Sandwich OR Cheese Pizza OR Pepperoni Pizza Roasted Potatoes OR Celery Dippers † Fruit Choice of 1 Milk	Spaghetti & Meatballs OR Crispy Chicken Sandwich Waffle Fries Seasoned Broccoli † Fruit Choice of 1 Milk
05 Lunch Includes: A Pre-K lunch must include a meat/meat alternate choice, a grain choice (if not included with the meat/meat alternate), 1/4 C of ONE vegetable choice, 1/4 C of ONE fruit choice as described below, and a choice of an unflavored fat-free milk OR an unflavored 1% milk. Head Start Pre-K students <u>must</u> take 1 choice from all 5 components at lunch. † State/Title and Exceptional Education (CDC, etc.) Pre-K will be provided their 1/4 C fruit component as a snack after lunch.			07 Other Daily Lunch Options -PBJ Sandwich with String Cheese and Crackers -Yogurt & Granola w/ String Cheese & Crackers	09 * = served with lettuce & tomato