

2018

CALENDAR YEAR / MONTH

MARCH

LUNCH

Hamilton County
Pre-Kindergarten Menu

Head Start, State/Title, & Exceptional Ed (CDC, etc.)

Lunch Prices:
Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
26 Hot Turkey Sandwich OR Country Fried Steak Mashed Potatoes OR Seasoned Broccoli OR Carrot Dippers † Fruit Choice of 1 Milk	27 Hamburger/Bun* OR Santa Fe Mac & Cheese Curly Fries OR Sweet Golden Corn † Fruit Choice of 1 Milk	28 Pulled Pork Sandwich OR Cheese Pizza OR Pepperoni Pizza Roasted Potatoes OR Celery Dippers † Fruit Choice of 1 Milk	01 Spaghetti & Meatballs OR Crispy Chicken Sandwich Waffle Fries Seasoned Broccoli † Fruit Choice of 1 Milk	02 Spanish Nachos OR Chicken Nuggets Refried Beans OR Manager's Choice Vegetable OR Carrot Dippers † Fruit Choice of 1 Milk
05 Crispy Chicken Sandwich* OR Cheese Pizza OR Pepperoni Pizza Potato Wedges OR Carrot Dippers † Fruit Choice of 1 Milk	06 Beef Stroganoff OR Popcorn Chicken Sweet Potato Casserole Southern Green Beans † Fruit Choice of 1 Milk	07 Chicken Fajitas OR Cheese Calzone OR Pepperoni Calzone Sweet Golden Corn OR Seasoned Broccoli Carrot Dippers † Fruit Choice of 1 Milk Cookie 🍪	08 Pulled Pork Sandwich OR Chicken Parmesan Waffle Fries † Fruit Choice of 1 Milk	09 Hamburger/Bun* OR Santa Fe Mac & Cheese Shoestring Fries OR Homestyle Baked Beans OR Celery Dippers † Fruit Choice of 1 Milk
12 Potato Crusted Fish Sandwich OR General TSO's Chicken w/ Asian Brown Rice Seasoned Broccoli OR Sweet Potato Casserole Carrot Dippers † Fruit Choice of 1 Milk	13 BBQ Rib Sandwich OR Chicken Drumstick Southern Green Beans OR Mashed Potatoes OR † Fruit Choice of 1 Milk	14 Chicken Chili w/ Crackers OR Manager's Choice Entree & Grain Sweet Golden Corn OR Tater Tots OR Celery Dippers † Fruit Choice of 1 Milk	15 Cheese Pizza OR Pepperoni Pizza OR Mandarin Orange Chicken w/ Asian Brown Rice Glazed Carrots † Fruit Choice of 1 Milk	16 Teacher Professional Development No School
19 Chicken Alfredo OR Pulled Pork Sandwich Potato Wedges OR Fresh Green Beans OR Carrot Dippers † Fruit Choice of 1 Milk	20 Hot Dog/Bun OR Mini Chicken Sandwiches Creamy Coleslaw OR Shoestring Fries † Fruit Choice of 1 Milk	21 Chicken Tetrzzini OR Hamburger/Bun* Fresh Green Beans OR Waffle Fries OR Carrot Dippers † Fruit Choice of 1 Milk	22 Cheese Pizza OR Pepperoni Pizza OR Chicken Teriyaki w/ Brown Rice Stir-Fry Vegetables † Fruit Choice of 1 Milk Sugar-free gelatin 🍷	23 Grilled Cheese OR Chicken Nuggets Curly Fries OR Sweet Golden Corn OR Celery Dippers † Fruit Choice of 1 Milk
26 Hot Turkey Sandwich OR Country Fried Steak Mashed Potatoes OR Seasoned Broccoli OR Carrot Dippers † Fruit Choice of 1 Milk	27 Potato Crusted Fish OR Santa Fe Mac & Cheese Sweet Golden Corn OR Tater Tots † Fruit Choice of 1 Milk	28 BBQ Rib Sandwich OR Cheese Pizza OR Pepperoni Pizza Roasted Potatoes OR Celery Dippers † Fruit Choice of 1 Milk	29 Spaghetti & Meatballs OR Crispy Chicken Sandwich Curly Fries Seasoned Broccoli † Fruit Choice of 1 Milk	30 Spring Holiday No School
02 Lunch Includes: A Pre-K lunch must include a meat/meat alternate choice, a grain choice (if not included with the meat/meat alternate), 1/4 C of ONE vegetable choice, 1/4 C of ONE fruit choice as described below, and a choice of an unflavored fat-free milk OR an unflavored 1% milk. Head Start Pre-K students <u>must</u> take 1 choice from all 5 components at lunch. † State/Title and Exceptional Education (CDC, etc.) Pre-K will be provided their 1/4 C fruit component as a snack after lunch.				06 Other Daily Lunch Options -PBJ Sandwich with String Cheese and Crackers -Yogurt & Granola w/ String Cheese & Crackers * = served with lettuce & tomato