

2018

CALENDAR YEAR / MONTH


























JANUARY

LUNCH

Hamilton County
Pre-Kindergarten Menu

Head Start, State/Title, & Exceptional Ed (CDC, etc.)

Lunch Prices:
Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
01	02	03	04	05
Winter Break! No School!				
08	09	10	11	12
 Crispy Chicken Sandwich* OR Manager's Choice Entrée & Grain Sweet Golden Corn OR Shoestring Fries † Fruit Choice of 1 Milk	 Philly Cheesesteak Sandwich OR Manager's Choice Entrée & Grain Tater Tots OR Homestyle Baked Beans † Fruit Choice of 1 Milk	 Cheese Pizza OR Pepperoni Pizza OR Chicken Drumstick  Roasted Potatoes OR Seasoned Green Beans † Fruit Choice of 1 Milk	 Chicken Teriyaki w/ Brown Rice OR Cheesy Garlic Bread  Sweet Potato Casserole OR Seasoned Broccoli † Fruit Choice of 1 Milk	 Hamburger/Bun* OR Popcorn Chicken Curly Fries OR Carrot Dippers † Fruit Choice of 1 Milk
15	16	17	18	19
Martin Luther King Day No School!	 Chicken Fajitas OR Manager's Choice Entrée & Grain Sweet Golden Corn OR Manager's Choice Vegetable † Fruit Choice of 1 Milk	 Country Fried Steak OR Chicken Nuggets Southern Green Beans OR Mashed Potatoes OR Broccoli Dippers † Fruit Choice of 1 Milk	 Chicken Parmesan OR Pulled Pork Sandwich Seasoned Broccoli OR Sweet Potato Waffle Fries † Fruit Choice of 1 Milk	 Cheese Enchilada OR Hamburger/Bun* Refried Beans OR Potato Wedges OR Carrot Dippers † Fruit Choice of 1 Milk
22	23	24	25	26
 Crispy Chicken Sandwich* OR BBQ Rib Sandwich  Roasted Baby Potatoes OR Seasoned Broccoli OR Carrot Dippers † Fruit Choice of 1 Milk	 Cheese Quesadilla OR Manager's Choice Entrée & Grain Curly Fries Manager's Choice Vegetable † Fruit Choice of 1 Milk Sugar-free gelatin 	 Cheese Pizza OR Pepperoni Pizza OR Chicken Drumstick  Mashed Potatoes OR Southern Green Beans OR Broccoli Dippers † Fruit Choice of 1 Milk	 Chicken Alfredo OR Manager's Choice Entrée & Grain Country White Beans † Fruit Choice of 1 Milk	 Hamburger/Bun* OR Potato Crusted Fish Waffle Fries OR Sweet Golden Corn OR Carrot Dippers † Fruit Choice of 1 Milk
29	30	31	01	02
 Meatloaf w/ Roll OR Mini Chicken Sandwiches Mashed Potatoes OR Southern Green Beans Carrot Dippers † Fruit Choice of 1 Milk	 Orange Chicken w/ Brown Rice OR Manager's Choice Entrée & Grain Sweet Golden Corn OR Seasoned Broccoli † Fruit Choice of 1 Milk	 Pulled Pork Sandwich OR Spanish Nachos*  Homestyle Baked Beans OR Potato Wedges OR Broccoli Dippers † Fruit Choice of 1 Milk	 Spaghetti & Meatballs OR Manager's Choice Entrée & Grain Manager's Choice Vegetable † Fruit Choice of 1 Milk	 Corndog OR Grilled Cheese Waffle Fries OR Tomato Soup OR Carrot Dippers † Fruit Choice of 1 Milk
05	06	07	08	09
<p style="text-align: center;">Lunch Includes:</p> <p>A Pre-K Lunch must include a meat/meat alternate choice, a grain choice (if not included with the meat/meat alternate), 1/4 C of ONE vegetable choice, 1/4 C of ONE fruit choice as described below, and a choice of an unflavored fat-free milk OR an unflavored 1% milk. Head Start Pre-K students <u>must</u> take 1 choice from all 5 components at lunch. † State/Title and Exceptional Education (CDC, etc.) Pre-K will be provided their 1/4 C fruit component as a snack after lunch.</p>			<p>Other Daily Lunch Options</p> <ul style="list-style-type: none"> -PBJ Sandwich with String Cheese and Crackers -Yogurt & Granola w/ String Cheese & Crackers 	<p>* = served with lettuce & tomato</p>

This institution is an equal opportunity provider.