

2017

CALENDAR YEAR / MONTH

NOVEMBER

LUNCH

Hamilton County
Pre-Kindergarten Menu

Head Start, State/Title, & Exceptional Ed (CDC, etc.)

Lunch Prices:
Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Quesadilla OR BBQ Rib Sandwich Roasted Potatoes OR Seasoned Broccoli OR Carrot Dippers † Fruit Choice of 1 Milk	Crispy Chicken Sandwich* OR Hot Dog/Bun Curly Fries OR Coleslaw † Fruit Choice of 1 Milk	Potato Crusted Fish OR Chicken Nuggets Country White Beans OR Carrot Dippers † Fruit Choice of 1 Milk	Corndog OR Hamburger/Bun* Sweet Corn OR Waffle Fries † Fruit Choice of 1 Milk	Cheese Pizza OR Pepperoni Pizza OR Chicken Drumstick Glazed Carrots OR Broccoli Dippers † Fruit Choice of 1 Milk
06	07	08	09	10
Meatloaf w/ 1/2 Biscuit OR Mini Chicken Sandwiches Mashed Potatoes OR Peas & Carrots † Fruit Choice of 1 Milk	Orange Chicken w/ Brown Rice OR Cheese Calzone OR Pepperoni Calzone Sweet Corn Carrot Dippers † Fruit Choice of 1 Milk	Pulled Pork Sandwich OR Spanish Nachos* Seasoned Pinto Beans OR Broccoli Dippers † Fruit Choice of 1 Milk	Chicken Drumstick OR Spaghetti & Meatballs California Vegetable Blend OR Southern Green Beans † Fruit Choice of 1 Milk	Italian Beef Sandwich OR Grilled Cheese Manager's Choice Vegetables OR Potato Wedges OR Broccoli Dippers † Fruit Choice of 1 Milk
13	14	15	16	17
Crispy Chicken Sandwich* OR Breaded Mozzarella Sticks Shoestring Fries OR Sweet Golden Corn OR Carrot Dippers † Fruit Choice of 1 Milk	Hamburger/Bun* OR Chicken Alfredo Tater Tots OR Homestyle Baked Beans OR † Fruit Choice of 1 Milk	Cheese Pizza OR Pepperoni Pizza OR Turkey & Gravy Mashed Potatoes OR Southern Green Beans OR Broccoli Dippers † Fruit Choice of 1 Milk	Cheesy Garlic Bread OR Chicken Teriyaki Sweet Potato Waffle Fries Seasoned Broccoli † Fruit Choice of 1 Milk	Popcorn Chicken OR Salisbury Steak w/ Buttered Breadstick Mashed Potatoes OR Carrot Dippers † Fruit Choice of 1 Milk
20	21	22	23	24
Beef Stroganoff OR Corn Dog Sweet Corn OR Carrot Dippers † Fruit Choice of 1 Milk	Chicken Tetrazzini OR Hamburger Potato Wedges OR Seasoned Green Beans † Fruit Choice of 1 Milk	THANKSGIVING BREAK! NO SCHOOL!		
27	28	29	30	01
Crispy Chicken Sandwich* OR BBQ Rib Sandwich Roasted Potatoes OR Seasoned Broccoli Carrot Dippers † Fruit Choice of 1 Milk	Cheese Quesadilla OR Hot Dog/Bun Curly Fries OR Coleslaw † Fruit Choice of 1 Milk	Cheese Pizza OR Pepperoni Pizza OR Chicken Drumstick Tater Tots OR Southern Green Beans OR Broccoli Dippers † Fruit Choice of 1 Milk	Corndog OR Hamburger/Bun* Sweet Golden Corn OR Waffle Fries † Fruit Choice of 1 Milk	Potato Crusted Fish OR Chicken Nuggets Country White Beans OR Carrot Dippers † Fruit Choice of 1 Milk
04	05	06	07	08
<p>Lunch Includes:</p> <p>A Pre-K lunch must include a meat/meat alternate choice, a grain choice (if not included with the meat/meat alternate), 1/4 C of ONE vegetable choice, 1/4 C of ONE fruit choice as described below, and a choice of an unflavored fat-free milk OR an unflavored 1% milk. Head Start Pre-K students <u>must</u> take 1 choice from all 5 components at lunch. † State/Title and Exceptional Education (CDC, etc.) Pre-K will be provided their 1/4 C fruit component as a snack after lunch.</p>			<p>Other Daily Lunch Options</p> <ul style="list-style-type: none"> -PBJ Sandwich with String Cheese and Crackers -Yogurt & Granola w/ String Cheese & Crackers 	<p>* = served with lettuce & tomato</p>