

2017

CALENDAR YEAR / MONTH

SEPTEMBER

LUNCH

Hamilton County
Pre-Kindergarten Menu

Head Start, State/Title, & Exceptional Ed (CDC, etc.)

Lunch Prices:
Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
28 🥬 Cheesy Garlic Bread 🍔 OR Hamburger/Bun* Homestyle Baked Beans OR Crinkle Cut Fries OR Carrot Dippers † Fruit Choice of 1 Milk	29 🐕 Corndog OR 🥬 Cheese Quesadilla Sweet Corn OR Southern Green Beans † Fruit Choice of 1 Milk	30 🍗 Chicken Drumstick 🍖 OR BBQ Pulled Pork Sandwich Manager's Choice Vegetable OR Mashed Potatoes OR Carrot Dippers † Fruit Choice of 1 Milk	31 🍖 Beef Tacos* OR 🍗 Mini Chicken Sandwiches Potato Wedges OR Seasoned Black Beans † Fruit Choice of 1 Milk	01 🍗 Popcorn Chicken OR 🥬 Cheesy Breadsticks Crinkle Cut Fries OR Stir-fry Vegetables OR Broccoli Dippers † Fruit Choice of 1 Milk
04 Labor Day No School	05 🍗 Crispy Chicken Sandwich* 🍔 OR Hot Dog/Bun Curly Fries OR Coleslaw † Fruit Choice of 1 Milk	06 🍗 Potato Crusted Fish 🍗 OR Popcorn Chicken Country White Beans OR Carrot Dippers † Fruit Choice of 1 Milk	07 🍗 Chicken Fajita* OR 🍔 Hamburger/Bun Sweet Corn OR Waffle Fries † Fruit Choice of 1 Milk	08 🥬 Cheese Pizza OR 🍖 Pepperoni Pizza OR 🍗 Chicken Drumstick Glazed Carrots OR Broccoli Dippers † Fruit Choice of 1 Milk
11 🍖 Meatloaf w/ 1/2 Biscuit OR 🍗 Mini Chicken Sandwiches Mashed Potatoes OR Peas & Carrots OR Carrot Dippers † Fruit Choice of 1 Milk	12 🍗 Orange Chicken w/ Brown Rice OR 🥬 Cheese Calzone OR 🍖 Pepperoni Calzone Sweet Corn † Fruit Choice of 1 Milk	13 🍖 Pulled Pork Sandwich OR Spanish Nachos* 1/2 Baked Potato OR Seasoned Pinto Beans OR Carrot Dippers † Fruit Choice of 1 Milk	14 🍗 Chicken Drumstick OR 🍖 Spaghetti & Meatballs California Vegetable Blend OR Southern Green Beans † Fruit Choice of 1 Milk	15 🍖 Italian Beef Sandwich OR Grilled Cheese Tomato Soup OR Potato Wedges OR Broccoli Dippers † Fruit Choice of 1 Milk
18 🍗 Crispy Chicken Sandwich* OR 🥬 Breaded Mozzarella Sticks w/Marinara Sauce Shoestring Fries OR Sweet Corn OR Carrot Dippers † Fruit Choice of 1 Milk	19 🥬 Cheese Pizza OR 🍖 Pepperoni Pizza OR 🍖 BBQ Rib Sandwich Homestyle Baked Beans † Fruit Choice of 1 Milk	20 🍗 Chicken Alfredo OR Hamburger/Bun* Tater Tots OR Southern Green Beans OR Carrot Dippers † Fruit Choice of 1 Milk	21 🥬 Cheesy Garlic Bread OR Chicken Teriyaki Glazed Carrots OR Stir-fry Vegetables † Fruit Choice of 1 Milk	22 🍗 Chicken Nuggets OR 🍖 Salisbury Steak w/ Buttered Breadstick Mashed Potatoes OR Broccoli Dippers † Fruit Choice of 1 Milk
25 🥬 Cheesy Garlic Bread OR 🍗 General TSO's Chicken Southern Green Beans OR Potato Wedges OR Carrot Dippers † Fruit Choice of 1 Milk	26 🍗 Chicken Tetrizzini OR Corndog Sweet Corn † Fruit Choice of 1 Milk	27 🍖 Turkey Pot Pie OR 🍖 Country Fried Steak Seasoned Pinto Beans OR Mashed Potatoes OR Carrot Dippers † Fruit Choice of 1 Milk	28 🍖 Memphis Style Nachos* OR Chicken Parmesan Manager's Choice Vegetable † Fruit Choice of 1 Milk	29 🍗 Mini Chicken Sandwiches OR 🥬 Cheese Enchiladas Refried Beans OR Waffle Fries OR Broccoli Dippers † Fruit Choice of 1 Milk
02 Other Daily Lunch Options -PBJ Sandwich with String Cheese and Crackers -Yogurt & Granola w/ String Cheese & Crackers	03 * = served with lettuce & tomato	04 Lunch Includes: A Pre-K lunch must include a meat/meat alternate choice, a grain choice (if not included with the meat/meat alternate), 1/4 C of ONE vegetable choice, 1/4 C of ONE fruit choice as described below, and a choice of an unflavored fat-free milk OR an unflavored 1% milk. Head Start Pre-K students <u>must</u> take 1 choice from all 5 components at lunch. † State/Title and Exceptional Education (CDC, etc.) Pre-K will be provided their 1/4 C fruit component as a snack after lunch.	05	06

This institution is an equal opportunity provider.