

2018

April

Breakfast
















Hamilton County Middle, High, and Middle/High Combination Schools

This menu is subject to change.
Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.

**Breakfast Prices:
For Non CEP Schools**
Paid Student: \$2.00
Reduced Student: \$0.30
HCDE Employees: \$2.50
Visitors: \$2.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05	06

Spring Break! No School!

09  Good Morning Taco	10  Sausage Biscuit OR Plain Biscuit/Jelly	11  French Toast Sticks	12  Chicken Biscuit OR Plain Biscuit/Jelly	13  Breakfast Pizza
16  Mini Cinnamon Rolls OR Chicken Biscuit	17  Scrambled Eggs, Turkey Bacon, Toast	18  Whole Grain Mini Donuts Sausage Biscuit	19  Pancake on a Stick	20  Chicken Biscuit OR Plain Biscuit/Jelly
23  Good Morning Taco	24  Sausage Biscuit OR Plain Biscuit/Jelly	25  French Toast Sticks	26  Chicken Biscuit OR Plain Biscuit/Jelly	27  Breakfast Pizza

Breakfast includes up to 1 of each:
 -Grain Entree OR Grain-Meat/Meat Alternate Combination Entree OR
 Meat/Meat Alternate (If offered in place of the grain)
 -100% Fruit Juice* -Whole Fresh Fruit*
 -Lowfat or Fat-Free Mayfield's Milk
 *A breakfast must include at least 1/2 cup of fruit or juice to avoid paying a la carte.
 Students must take 3 items offered but may take all 4-5 items for a complete meal.

**This institution
is an equal
opportunity
provider.**

Other Daily Breakfast Options
 -Yogurt w/ Graham Crackers or
 Toast
 -Cereal w/ Toast
 -Toast (2 slices) w/ Jelly
 -PBJ Entrees
 -Soft Oatmeal Bar
 -Whole Grain Pop-tarts

Did you know the J.A. Henry Community Branch of the YMCA of Metropolitan Chattanooga provides FREE nutritious meals to students during the summer months even when school is not in session? Last year alone the YMCA Summer Feeding program provided 23,500 breakfasts, 51,480 lunches, and 9,775 snacks to students in Chattanooga at various locations all across the city. Site locations and times of distribution will be posted on the YMCA's website next month. For more information or to get involved, contact YMCA Summer Feeding at 423-805-3361 or email foodandfun@ymcachattanooga.org. <https://www.ymcachattanooga.org/feeding-programs>