












































February Lunch

Hamilton County Elementary Schools

This menu is subject to change.
Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.

Lunch Prices For Non CEP Schools:

Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29  Meatloaf/Roll OR  Mini Chicken Sandwiches Mashed Potatoes Southern Green Beans Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	30  Mandarin Orange Chicken w/ Brown Rice OR Manager's Choice Entree & Grain Seasoned Broccoli Sweet Golden Corn Choice of 1 Fruit Choice of 1 Milk	31  Pulled Pork Sandwich OR Spanish Nachos*  Potato Wedges Homestyle Baked Beans Broccoli Dippers Choice of 1 Fruit Choice of 1 Milk	01 Manager's Choice Entrées & Grains Manager's Choice Vegetables Choice of 1 Fruit Choice of 1 Milk	02 Manager's Choice Entrées & Grains Manager's Choice Vegetables Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
05  Crispy Chicken Sandwich* OR Manager's Choice Entrée & Grain Sweet Golden Corn Shoestring Fries Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	06 Manager's Choice Entrée & Grain  OR Chicken Fajitas Manager's Choice Vegetables Choice of 1 Fruit Choice of 1 Milk	07  Chicken Nuggets OR  Country Fried Steak Warm Dinner Roll Southern Green Beans Mashed Potatoes Carrot Dippers Choice of 1 Fruit Choice of 1 Milk Cookie 	08  Pulled Pork Sandwich  OR Chicken Parmesan Seasoned Broccoli Sweet Potato Waffle Fries Choice of 1 Fruit Choice of 1 Milk	09 Manager's Choice Entrées & Grains Manager's Choice Vegetables Celery Dippers Choice of 1 Fruit Choice of 1 Milk
12  Beef Stroganoff  OR Chicken Nuggets Warm Dinner Roll Seasoned Broccoli Sweet Potato Casserole Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	13  Pulled Pork Sandwich  OR Chicken & Waffles Southern Green Beans Mashed Potatoes Choice of 1 Fruit Choice of 1 Milk	14  Crispy Chicken Sandwich*  OR Cheese Quesadilla Refried Beans Waffle Fries Celery Dippers Choice of 1 Fruit Choice of 1 Milk	15  Thin Crust Cheese Pizza OR  Pepperoni Pizza OR  Mandarin Orange Chicken w/ Asian Brown Rice Glazed Carrots Garden Fresh Salad Choice of 1 Fruit Choice of 1 Milk	16  Hamburger/Bun* OR Manager's Choice Entrée & Grain Sweet Golden Corn Curly Fries Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
19 Presidents' Day No School	20  Mini Chicken Sandwiches  OR Hot Dog w/ Chili Creamy Coleslaw Shoestring Fries Choice of 1 Fruit Choice of 1 Milk	21  Hamburger/Bun* OR  Chicken Tetrazzini/Roll Potato Wedges Southern Green Beans Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	22  Chicken Teriyaki w/ Brown Rice OR  Deep Dish Cheese Pizza  OR Pepperoni Pizza Garden-Fresh Salad Vegetable Egg Roll Choice of 1 Fruit Choice of 1 Milk Sugar Free Gelatin 	23  Grilled Cheese Sandwich  OR Chicken Nuggets/Roll Tomato Soup Sweet Golden Corn Celery Dippers Choice of 1 Fruit Choice of 1 Milk
26  Hot Turkey Sandwich OR  Country Fried Steak/Roll Mashed Potatoes Southern Green Beans Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	27  Hamburger/Bun* OR  Santa Fe Mac & Cheese Warm Dinner Roll Sweet Golden Corn Curly Fries Choice of 1 Fruit Choice of 1 Milk	28  Pulled Pork Sandwich  OR Cheese Pizza  OR Pepperoni Pizza Roasted Potatoes Garden Fresh Salad Celery Dippers Choice of 1 Fruit Choice of 1 Milk	01  Spaghetti & Meatballs w/ Breadstick OR  Crispy Chicken Sandwich* Waffle Fries Seasoned Broccoli Choice of 1 Fruit Choice of 1 Milk	02  Spanish Nachos* OR  Chicken Nuggets/Roll Refried Beans Manager's Choice Vegetable Carrot Dippers Choice of 1 Fruit Choice of 1 Milk

Lunch Consists of 5 Meal Components:
-Choice of up to 1 entrée (meat/meat alternate, grain may be included)
-Choice of up to 1 grain (may be included in the entrée)
-Choice of up to 2 vegetables* -Choice of 1 fruits -Choice of up to 1 milk
* A lunch must include at least 1/2 cup of fruit or a vegetable and 2 other full meal components to avoid paying a la carte.
Students may choose 3 to 5 of the meal components for a complete meal.

This institution is an equal opportunity provider.
***Served with lettuce & tomato**

Other Daily Lunch Options
-PBJ Sandwich
-Yogurt & Granola w/ String Cheese & Crackers
-Chef Salads (Variety)