




















































February Lunch

Hamilton County Elementary Schools

This menu is subject to change.
Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.

Lunch Prices For Non CEP Schools:

Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p>  Hot Turkey Sandwich OR  Country Fried Steak/Roll Mashed Potatoes Southern Green Beans Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>30</p>  Hamburger/Bun* OR  Santa Fe Mac & Cheese Warm Dinner Roll Sweet Golden Corn Curly Fries Choice of 1 Fruit Choice of 1 Milk	<p>31</p>  Pulled Pork Sandwich OR  Cheese Pizza  OR Pepperoni Pizza Roasted Potatoes Garden Fresh Salad Celery Dippers Choice of 1 Fruit Choice of 1 Milk	<p>01</p>  Spaghetti & Meatballs w/ Breadstick OR  Crispy Chicken Sandwich* Waffle Fries Seasoned Broccoli Choice of 1 Fruit Choice of 1 Milk	<p>02</p>  Spanish Nachos* OR  Chicken Nuggets/Roll Refried Beans Manager's Choice Vegetable Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
<p>05</p>  Crispy Chicken Sandwich* OR  Deep Dish Cheese OR  Pepperoni Pizza Garden-Fresh Salad Potato Wedges Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>06</p>  Beef Stroganoff OR  Popcorn Chicken Warm Dinner Roll Sweet Potato Casserole Southern Green Beans Choice of 1 Fruit Choice of 1 Milk	<p>07</p>  Chicken Fajitas OR  Cheese Calzone OR  Pepperoni Calzone Sweet Golden Corn Seasoned Broccoli Carrot Dippers Choice of 1 Fruit Choice of 1 Milk Cookie 	<p>08</p>  Pulled Pork Sandwich OR  Chicken Parmesan Waffle Fries Garden-Fresh Salad Choice of 1 Fruit Choice of 1 Milk	<p>09</p>  Hamburger/Bun* OR  Santa Fe Mac & Cheese Warm Dinner Roll Shoestring Fries Homestyle Baked Beans Celery Dippers Choice of 1 Fruit Choice of 1 Milk
<p>12</p>  Potato Crusted Fish Sandwich OR  General TSO's Chicken Asian Brown Rice Seasoned Broccoli Sweet Potato Casserole Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>13</p>  BBQ Rib Sandwich OR  Chicken & Waffles Southern Green Beans Mashed Potatoes Choice of 1 Fruit Choice of 1 Milk	<p>14</p>  Chicken Chili w/ Crackers OR Manager's Choice Entree & Grain Sweet Golden Corn Tater Tots Celery Dippers Choice of 1 Fruit Choice of 1 Milk	<p>15</p>  Thin Crust Cheese Pizza OR  Pepperoni Pizza OR  Mandarin Orange Chicken w/ Asian Brown Rice Glazed Carrots Garden Fresh Salad Choice of 1 Fruit Choice of 1 Milk	<h2>Teacher Professional Development</h2>
<p>19</p>  Chicken Alfredo/Breadstick OR  Pulled Pork Sandwich Potato Wedges Seasoned Broccoli Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>20</p>  Hot Dog/Bun w/ Chili OR  Mini Chicken Sandwiches Creamy Coleslaw Shoestring Fries Choice of 1 Fruit Choice of 1 Milk	<p>21</p>  Hamburger/Bun* OR  Chicken Tetrazzini/Roll Waffle Fries Fresh Green Beans Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>22</p>  Chicken Teriyaki w/ Brown Rice & Egg Roll OR  Deep Dish Cheese Pizza OR  Pepperoni Pizza Garden-Fresh Salad Stir-Fry Vegetables Choice of 1 Fruit Choice of 1 Milk Sugar Free Gelatin 	
<p>26</p>  Hot Turkey Sandwich OR  Country Fried Steak/Roll Mashed Potatoes Fresh Green Beans Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>27</p>  Potato Crusted Fish OR  Santa Fe Mac & Cheese Warm Dinner Roll Sweet Golden Corn Tater Tots Choice of 1 Fruit Choice of 1 Milk	<p>28</p>  BBQ Rib Sandwich OR  Cheese Pizza OR  Pepperoni Pizza Roasted Potatoes Garden Fresh Salad Celery Dippers Choice of 1 Fruit Choice of 1 Milk	<p>01</p>  Spaghetti & Meatballs w/ Breadstick OR  Crispy Chicken Sandwich* Curly Fries Seasoned Broccoli Choice of 1 Fruit Choice of 1 Milk	<h2>Spring Holiday No School</h2>

Lunch Consists of 5 Meal Components:
 -Choice of up to 1 entrée (meat/meat alternate, grain may be included)
 -Choice of up to 1 grain (may be included in the entrée)
 -Choice of up to 2 vegetables* -Choice of 1 fresh fruit -Choice of up to 1 milk
 * A lunch must include at least 1/2 cup of fruit or a vegetable and 2 other full meal components to avoid paying a la carte.
 Students may choose 3 to 5 of the meal components for a complete meal.

This institution is an equal opportunity provider.
 *Served with lettuce & tomato

Other Daily Lunch Options
 -PBJ Sandwich
 -Yogurt & Granola w/ String Cheese & Crackers
 -Chef Salads (Variety)