

2018

April

Lunch

Hamilton County Middle, High, & Combination Schools

This menu is subject to change.
Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.

Lunch Prices For Non CEP Schools:

Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

02

03



04

05


06

Spring Break! No School!



09

 Potato Crusted Fish Sandwich
 OR General TSO's Chicken
Asian Brown Rice
Seasoned Broccoli
Sweet Potato Casserole
Carrot Dippers
Choice of 1 Fruit
Choice of 1 Milk

10

 BBQ Rib Sandwich OR
 Roasted Chicken & Waffles
Southern Green Beans
Mashed Potatoes
Choice of 1 Fruit
Choice of 1 Milk




11

 Chicken Chili
w/ Saltine Crackers OR
 Breaded Mozzarella Sticks
w/ Marinara Sauce
Sweet Golden Corn
Tater Tots
Celery Dippers
Choice of 1 Fruit
Choice of 1 Milk



12

 Cheese Quesadilla OR
 Honey Siracha Chicken
w/ Asian Brown Rice
Glazed Carrots
Garden Fresh Salad
Choice of 1-2 Fruits †
Choice of 1 Milk



13

 Crispy Chicken Sandwich* OR
 Spicy Chicken Sandwich
 OR Spanish Nachos
Refried Beans
Curly Fries
Carrot Dippers
Choice of 1 Fruit
Choice of 1 Milk

16

 Chicken Alfredo/Breadstick
 OR Pulled Pork Sandwich
Potato Wedges
Fresh Steamed Broccoli
Carrot Dippers
Choice of 1 Fruit
Choice of 1 Milk

17

 Hot Dog/Bun
w/ Chili OR
 Mini Chicken Sandwiches
Creamy Coleslaw
Shoestring Fries
Choice of 1 Fruit
Choice of 1 Milk

18

 Buffalo Chicken Pizza
 OR Hamburger/Bun*
Waffle Fries
Garden Fresh Salad
Carrot Dippers
Choice of 1-2 Fruits †
Choice of 1 Milk

19

 Grilled Cheese Sandwich
 OR Chicken Teriyaki
w/ Brown Rice & Egg Roll
Tomato Soup
Stir-Fry Vegetables
Choice of 1-2 Fruits †
Choice of 1 Milk
Sugar Free Gelatin 

20

 Hot Chicken Wings OR
 Thick Crust Cheese Pizza
Garden Fresh Salad
Sweet Golden Corn
Celery Dippers
Choice of 1-2 Fruits †
Choice of 1 Milk

23

 Turkey Sub* OR
 Country Fried Steak/Roll
Mashed Potatoes
Fresh Green Beans
Carrot Dippers
Choice of 1 Fruit
Choice of 1 Milk

24

 Potato Crusted Fish OR
 Santa Fe Mac & Cheese
Warm Dinner Roll
Sweet Golden Corn
Tater Tots
Choice of 1-2 Fruits †
Choice of 1 Milk

25

 BBQ Rib Sandwich
 OR Cheese Pizza
 OR Pepperoni Pizza
Roasted Potatoes
Garden Fresh Salad
Celery Dippers
Choice of 1-2 Fruits †
Choice of 1 Milk

26

 Spaghetti & Meatballs
w/ Breadstick OR
 Crispy Chicken Sandwich*
Curly Fries
Fresh Steamed Broccoli
Choice of 1 Fruit
Choice of 1 Milk

27

 Chicken Nuggets/Roll
 OR Cheese Quesadilla
Refried Beans
Sweet Potato Waffle Fries
Carrot Dippers
Choice of 1-2 Fruits †
Choice of 1 Milk

Lunch Consists of 5 Meal Components:

-Choice of up to 1 entrée (meat/meat alternate, grain may be included)

-Choice of up to 1 grain (may be included in the entrée)

-Choice of up to 2 vegetables*

-Choice of 1-2 fresh fruit(s)

-Choice of up to 1 milk

* A lunch must include at least 1/2 cup of fruit or a vegetable and 2 other full meal components to avoid paying a la carte.

Students may choose 3 to 5 of the meal components for a complete meal.

**This institution is an equal
opportunity provider.**

***Served with lettuce & tomato**

Other Daily Lunch Options

-PBJ Sandwich
-Yogurt & Granola w/
String Cheese & Crackers
-Chef Salads (Variety)