























February Lunch

**Hamilton County
Middle, High, & Combination Schools**
This menu is subject to change.
Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.

Lunch Prices For Non CEP Schools:
Paid Student: \$3.00
Reduced Student: \$0.40
HCDE Employees: \$3.75
Visitors: \$4.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29  Pulled Pork Sandwich OR Spanish Nachos* Seasoned Pinto Beans Roasted Potatoes Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	30  Mini Chicken Sandwiches OR Manager's Choice Entrée & Grain Southern Green Beans Manager's Choice Vegetable Choice of 1-2 Fruits † Choice of 1 Milk	31  Hamburger/Bun* OR Chicken Teriyaki w/ Brown Rice Sweet Golden Corn Waffle Fries Broccoli Dippers Choice of 1-2 Fruits † Choice of 1 Milk	01 Manager's Choice Entrées & Grains Manager's Choice Vegetables Choice of 1-2 Fruits † Choice of 1 Milk	02 Manager's Choice Entrées & Grains Manager's Choice Vegetables Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk
05  Crispy Chicken Sandwich* OR Hot Chicken Sandwich OR Manager's Choice Entrée & Grain Manager's Choice Vegetable Potato Wedges Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	06  Meatloaf w/ Breadstick Manager's Choice Entrée & Grain Southern Green Beans Mashed Potatoes Choice of 1-2 Fruits † Choice of 1 Milk	07  Chicken Fajitas OR OR Cheese Calzone OR Pepperoni Calzone Sweet Golden Corn Seasoned Broccoli Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	08  Hamburger/Bun* OR Santa Fe Mac & Cheese Warm Dinner Roll Homestyle Baked Beans Crinkle Cut Fries Choice of 1-2 Fruits † Choice of 1 Milk	09 Manager's Choice Entrées & Grains Manager's Choice Vegetables Celery Dippers Choice of 1-2 Fruits † Choice of 1 Milk
12  Beef Stroganoff OR Chicken Nuggets Warm Dinner Roll Seasoned Broccoli Sweet Potato Casserole Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	13  Pulled Pork Sandwich OR Roasted Chicken & Waffles Southern Green Beans Mashed Potatoes Choice of 1-2 Fruits † Choice of 1 Milk	14  Crispy Chicken Sandwich* OR Cheese Quesadilla Refried Beans Waffle Fries Celery Dippers Choice of 1-2 Fruits † Choice of 1 Milk	15  Thin Crust Cheese Pizza OR Pepperoni Pizza OR Honey Siracha Chicken w/ Asian Brown Rice Glazed Carrots Garden Fresh Salad Choice of 1-2 Fruits † Choice of 1 Milk	16  Hamburger/Bun* OR Manager's Choice Entrée & Grain Sweet Golden Corn Curly Fries Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk
19 Presidents' Day No School	20  Mini Chicken Sandwiches OR Hot Dog w/ Chili Coleslaw Shoestring Fries Choice of 1-2 Fruits † Choice of 1 Milk	21  Hamburger/Bun* OR Buffalo Chicken Pizza Potato Wedges Garden Fresh Salad Celery Dippers Choice of 1-2 Fruits † Choice of 1 Milk	22  Chicken Teriyaki w/ Brown Rice OR Thick Crust Cheese Pizza Garden-Fresh Salad Vegetable Egg Roll Choice of 1-2 Fruits † Choice of 1 Milk Sugar Free Gelatin 	23  Grilled Cheese Sandwich OR Chicken Nuggets/Roll Tomato Soup Sweet Golden Corn Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk
26  Hot Turkey Sandwich OR Country Fried Steak/Roll Mashed Potatoes Southern Green Beans Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	27  Hamburger/Bun* OR Santa Fe Mac & Cheese Warm Dinner Roll Sweet Golden Corn Curly Fries Choice of 1-2 Fruits † Choice of 1 Milk	28  Pulled Pork Sandwich OR Cheese Pizza OR Pepperoni Pizza Roasted Potatoes Garden Fresh Salad Celery Dippers Choice of 1-2 Fruits † Choice of 1 Milk	01  Spaghetti & Meatballs w/ Breadstick OR Crispy Chicken Sandwich* Waffle Fries Seasoned Broccoli Choice of 1 Fruit Choice of 1 Milk	02  Spanish Nachos* OR Chicken Nuggets/Roll Refried Beans Manager's Choice Vegetable Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk

Lunch Consists of 5 Meal Components:
-Choice of up to 1 entrée (meat/meat alternate, grain may be included)
-Choice of up to 1 grain (may be included in the entrée)
-Choice of up to 2 vegetables* -Choice of 1 fruits -Choice of up to 1 milk
* A lunch must include at least 1/2 cup of fruit or a vegetable and 2 other full meal components to avoid paying a la carte.
Students may choose 3 to 5 of the meal components for a complete meal.

This institution is an equal opportunity provider.

***Served with lettuce & tomato**

Other Daily Lunch Options
-PBJ Sandwich
-Yogurt & Granola w/
String Cheese & Crackers
-Chef Salads (Variety)