

# January Lunch

## Hamilton County Elementary Schools



































This menu is subject to change.  
Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.

### Lunch Prices For Non CEP Schools:

Paid Student: \$3.00  
Reduced Student: \$0.40  
HCDE Employees: \$3.75  
Visitors: \$4.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01	02	03	04	05

# Winter Break! No School!

08  Crispy Chicken Sandwich* OR Manager's Choice Entrée & Grain Sweet Golden Corn Shoestring Fries Choice of 1 Fruit Choice of 1 Milk	09  Philly Cheesesteak Sandwich OR Manager's Choice Entrée & Grain Tater Tots Homestyle Baked Beans Choice of 1 Fruit Choice of 1 Milk	10  Deep Dish Cheese Pizza OR Pepperoni Pizza  OR Chicken & Waffles  Roasted Baby Potatoes Southern Green Beans Choice of 1 Fruit Choice of 1 Milk Cookie 	11  Chicken Teriyaki w/ Brown Rice OR  Cheesy Garlic Bread Sweet Potato Casserole Seasoned Broccoli Choice of 1 Fruit Choice of 1 Milk	12  Cheesburger/Bun* OR  Popcorn Chicken Warm Dinner Roll Curly Fries Garden-Fresh Salad Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
15 <b>Martin Luther King Day No School!</b>	16  Chicken Fajitas OR Manager's Choice Entrée & Grain Sweet Golden Corn Manager's Choice Vegetable Choice of 1 Fruit Choice of 1 Milk	17  Country Fried Steak  OR Chicken Nuggets Warm Dinner Roll Southern Green Beans Mashed Potatoes Broccoli Dippers Choice of 1 Fruit Choice of 1 Milk	18  Chicken Parmesan OR  Pulled Pork Sandwich Seasoned Broccoli Sweet Potato Waffle Fries Choice of 1 Fruit Choice of 1 Milk	19  Cheese Enchilada OR  Hamburger/Bun* Refried Beans Potato Wedges Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
22  Crispy Chicken Sandwich*  OR BBQ Rib Sandwich Roasted Potatoes Seasoned Broccoli Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	23  Cheese Quesadilla OR Manager's Choice Entrée & Grain Curly Fries Manager's Choice Vegetable Choice of 1 Fruit Choice of 1 Milk Sugar Free Gelatin 	24  Cheese Pizza OR Pepperoni Pizza OR  Chicken Drumstick w/Roll  Mashed Potatoes Southern Green Beans Broccoli Dippers Choice of 1 Fruit Choice of 1 Milk	25  Chicken Alfredo w/ Breadstick OR Manager's Choice Entrée & Grain Garden-Fresh Salad Country White Beans Choice of 1 Fruit Choice of 1 Milk	26  Potato Crusted Fish/Roll OR  Cheesburger/Bun* Waffle Fries Sweet Golden Corn Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
29  Meatloaf w/Roll OR  Mini Chicken Sandwiches Mashed Potatoes Seasoned Green Beans Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	30  Orange Chicken w/ Brown Rice OR Manager's Choice Entrée & Grain Seasoned Broccoli Sweet Golden Corn Choice of 1 Fruit Choice of 1 Milk	31  Pulled Pork Sandwich OR Spanish Nachos* Homestyle Baked Beans Potato Wedges Broccoli Dippers Choice of 1 Fruit Choice of 1 Milk	01  Spaghetti & Meatballs w/ Breadstick OR Manager's Choice Entrée & Grain Garden-Fresh Salad Manager's Choice Vegetable Choice of 1 Fruit Choice of 1 Milk Sugar-free gelatin	02  Comdog OR  Grilled Cheese Waffle Fries Tomato Soup Carrot Dippers Choice of 1 Fruit Choice of 1 Milk

<p><b>Lunch Consists of 5 Meal Components:</b>                      -Choice of up to 1 entrée (meat/meat alternate, grain may be included)                      -Choice of up to 1 grain (may be included in the entrée)                      -Choice of up to 2 vegetables*    -Choice of 1 fruits    -Choice of up to 1 milk                      * A lunch must include at least 1/2 cup of fruit or a vegetable and 2 other full meal components to avoid paying a la carte.                      Students may choose 3 to 5 of the meal components for a complete meal.</p>	<p><b>This institution is an equal opportunity provider.</b>                       *Served with lettuce &amp; tomato</p>	<p><b>Other Daily Lunch Options</b>                      -PBJ Sandwich                      -Yogurt &amp; Granola w/ String Cheese &amp; Crackers                      -Chef Salads (Variety)</p>
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