



























# November Lunch

## Hamilton County Elementary Schools

This menu is subject to change.  
Additional items may be offered daily. Check with your school's cafeteria for changes to this menu and supplementary menu items.

### Lunch Prices For Non CEP

**Schools:**  
Paid Student: \$3.00  
Reduced Student: \$0.40  
HCDE Employees: \$3.75  
Visitors: \$4.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p>  Cheese Quesadilla  BBQ Rib Sandwich Roasted Potatoes Seasoned Broccoli Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>31</p>  Crispy Chicken Sandwich* OR Hot Dog/Bun w/ Chili Curly Fries Coleslaw Choice of 1 Fruit Choice of 1 Milk	<p>01</p>  Potato Crusted Fish  Chicken Nuggets Warm Dinner Roll Country White Beans Garden-Fresh Salad Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>02</p>  Corndog  Hamburger/Bun* Sweet Golden Corn Waffle Fries Choice of 1 Fruit Choice of 1 Milk Sugar-free gelatin 	<p>03</p>  Cheese Pizza OR  Pepperoni Pizza OR  Chicken Drumstick/Roll Glazed Carrots Garden-Fresh Salad Broccoli Dippers Choice of 1 Fruit Choice of 1 Milk
<p>06</p>  Meatloaf/Biscuit  Mini Chicken Sandwiches Mashed Potatoes Steamed Peas & Carrots Choice of 1 Fruit Choice of 1 Milk	<p>07</p>  Orange Chicken/Brown Rice  OR Cheese Calzone  OR Pepperoni Calzone Garden-Fresh Salad Sweet Golden Corn Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>08</p>  Pulled Pork Sandwich  Spanish Nachos Seasoned Pinto Beans Baked Potato Broccoli Dippers Choice of 1 Fruit Choice of 1 Milk	<p>09</p>  Chicken & Waffles  Spaghetti & Meatballs Garlic Breadstick California Vegetable Blend Southern Green Beans Choice of 1 Fruit Choice of 1 Milk	<p>10</p>  Italian Beef Sandwich  OR Grilled Cheese Manager's Choice Vegetable Potato Wedges Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
<p>13</p>  Crispy Chicken Sandwich*  OR Breaded Mozzarella Sticks w/ Marinara Sauce Shoestring Fries Sweet Corn Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>14</p>  Chicken Alfredo Garlic Breadstick OR  Hamburger/Bun* Homestyle Baked Beans Tater Tots Choice of 1 Fruit Choice of 1 Milk	<p>15</p>  Deep Dish Cheese  OR Pepperoni Pizza  OR Turkey & Gravy  Cornbread Dressing Mashed Potatoes Southern Green Beans Broccoli Dippers Choice of 1 Fruit & 1 Milk Cookie 	<p>16</p>  Cheesy Garlic Bread  Chicken Teriyaki Brown Rice Sweet Potato Waffle Fries Seasoned Broccoli Choice of 1 Fruit Choice of 1 Milk	<p>17</p>  Popcorn Chicken OR  Salisbury Steak w/ Gravy Buttered Breadstick Mashed Potatoes Garden-Fresh Salad Carrot Dippers Choice of 1 Fruit Choice of 1 Milk
<p>20</p>  Beef Stroganoff/Roll  OR Corn Dog Garden-Fresh Salad Sweet Golden Corn Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>21</p>  Chicken Tetrizzini/Roll  OR Hamburger/Bun* Southern Green Beans Potato Wedges Choice of 1 Fruit Choice of 1 Milk	<h2>Thanksgiving Break! No School!</h2>		
<p>27</p>  Crispy Chicken Sandwich*  OR BBQ Rib Sandwich Roasted Baby Potatoes Seasoned Broccoli Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	<p>28</p>  Cheese Quesadilla  OR Hot Dog/Bun w/ Chili Curly Fries Coleslaw Choice of 1 Fruit Choice of 1 Milk	<p>29</p>  Cheese Pizza OR  Pepperoni Pizza OR  Chicken Drumstick/Roll Tater Tots Southern Green Beans Broccoli Dippers Choice of 1 Fruit Choice of 1 Milk	<p>30</p>  Corndog  Hamburger/Bun* Sweet Golden Corn Waffle Fries Choice of 1 Fruit Choice of 1 Milk Sugar-free gelatin 	<p>01</p>  Potato Crusted Fish  Chicken Nuggets Warm Dinner Roll Country White Beans Garden-Fresh Salad Carrot Dippers Choice of 1 Fruit Choice of 1 Milk

**Lunch Consists of 5 Meal Components:**  
 -Choice of up to 1 entrée (meat/meat alternate, grain may be included)  
 -Choice of up to 1 grain (may be included in the entrée)  
 -Choice of up to 2 vegetables\*    -Choice of 1 fruits    -Choice of up to 1 milk  
 \* A lunch must include at least 1/2 cup of fruit or a vegetable and 2 other full meal components to avoid paying a la carte.  
 Students may choose 3 to 5 of the meal components for a complete meal.

**This institution is an equal opportunity provider.**

**Other Daily Lunch Options**  
 -PBJ Sandwich  
 -Yogurt & Granola w/ String Cheese & Crackers  
 -Chef Salads (Variety)