

December Lunch

**Hamilton County
Middle, High, and Combination Schools**
This menu is subject to change.
*Additional items may be offered daily. Check with your school's
 cafeteria for changes to this menu and supplementary menu items.*

**Lunch Prices For Non CEP
Schools:**
 Paid Student: \$3.00
 Reduced Student: \$0.40
 HCDE Employees: \$3.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27  Country Fried Steak/Roll OR Corndog Mashed Potatoes Seasoned Broccoli Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	28  Potato Crusted Fish/Roll  OR Hot Dog/Bun w/ Chili Curly Fries Creamy Coleslaw Glazed Carrots Choice of 1-2 Fruits † Choice of 1 Milk	29  Chicken Nuggets/Roll  OR Meatloaf/Breadstick Sweet Golden Corn Southern Green Beans Broccoli Dippers Choice of 1-2 Fruits † Choice of 1 Milk	30  BBQ Rib Sandwich OR  Crispy Chicken Sandwich*  OR Hot Chicken Sandwich* Homestyle Baked Beans Tater Tots Choice of 1-2 Fruits † Choice of 1 Milk Sugar-free Gelatin 	01  Cheese Calzone OR  Pepperoni Calzone OR  Hamburger/Bun* Garden-Fresh Salad Straight Cut Fries Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk
04  BBQ Pulled Pork Sandwich OR Spanish Nachos* Seasoned Pinto Beans Roasted Potatoes Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	05  Mini Chicken Sandwiches  OR Country Fried Steak w/ Roll, Peppered Gravy Mashed Potatoes Southern Green Beans Choice of 1-2 Fruits † Choice of 1 Milk	06  Hamburger/Bun*  OR Chicken Teriyaki Brown Rice Sweet Golden Corn Waffle Fries Broccoli Dippers Choice of 1-2 Fruits † Choice of 1 Milk	07  Thin Crust Cheese Pizza OR  Thin Crust Pepperoni Pizza  OR Hot Chicken Wings Buttered Breadstick Sweet Potato Casserole Garden-Fresh Salad Choice of 1-2 Fruits † Choice of 1 Milk	08  Roasted Chicken & Waffles  OR Grilled Cheese Shoestring Fries Tomato Soup Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk
11  Crispy Chicken Sandwich*  OR Hot Chicken Sandwich*  OR Breaded Mozzarella Sticks w/ Marinara Sauce Seasoned Broccoli Potato Wedges, Carrot Dippers Choice of 1 Fruit Choice of 1 Milk	12  Memphis Nachos OR  Popcorn Chicken/Roll Homestyle Baked Beans Curly Fries Choice of 1-2 Fruits † Choice of 1 Milk	13  Deep Dish Cheese Pizza OR  Deep Dish Pepperoni Pizza  OR Manager's Choice Entree & Grain Southern Green Beans Mashed Potatoes Broccoli Dippers Choice of 1-2 Fruits † Choice of 1 Milk Cookie 	14  Italian Beef Sandwich  OR Cheese Quesadilla Tater Tots Sweet Golden Corn Choice of 1-2 Fruits † Choice of 1 Milk	15  Honey Sracha Chicken Brown Rice OR  Thick Crust Cheese Pizza Sweet Potato Waffle Fries Manager's Choice Vegetable(s) Choice of 1-2 Fruits † Choice of 1 Milk
18  BBQ Pulled Pork Sandwich  OR Mini Chicken Sandwiches Waffle Fries Seasoned Pinto Beans Carrot Dippers Choice of 1-2 Fruits † Choice of 1 Milk	19 <p style="text-align: center;">Half Day for Students</p>	Winter Break! No School!		
25	26	27	28	29
Winter Break! No School!				

**This institution is an
equal opportunity
provider.**

Lunch Consists of 5 Meal Components:
 -Choice of up to 1 entrée choice (meat/meat alternate, grain may be included) -Choice of up to 1 grain choice (may in entrée)
 -Choice of up to 2 vegetables* -Choice of 1-2 fruits+ -Choice of up to 1 milk
 * A lunch must include at least 1/2 cup of fruit or a vegetable and 2 other full meal components to avoid paying a la carte.
 Students may choose 3 to 5 of the meal components for a complete meal.
 † Middle school students receive a maximum of 1 fruit with their lunch.

Other Daily Lunch Options
 -PBJ Sandwich
 -Yogurt & Granola w/
 String Cheese & Crackers
 -Chef Salads (Variety)