



Headland Elementary School Menu



October 2015

<p>28</p> <p>Pizza Sweet Potato Fries Corn Fruit</p> <p>Breakfast Frudel</p>	<p>29</p> <p>Chicken Nuggets Roll Mashed Potatoes English Peas Fruit</p> <p>Breakfast Cheese Grits, Sausage, Biscuit</p>	<p>30</p> <p>Smoked Sausage Roll Turnips Squash Fruit</p> <p>Breakfast Steak Biscuit</p>	<p>1</p> <p>Cheeseburger Lettuce, Tomato, & Pickle Green Beans Fruit Brownie</p> <p>Breakfast Mini French Toasts</p>	<p>2</p> <p>Steak Nuggets Roll Okra Lima Beans Fruit</p> <p>Breakfast Grilled Ham & Cheese</p>
<p>5</p> <p>Beef Nachos Corn Pinto Beans Fruit</p> <p>Breakfast Mini Waffles</p>	<p>6</p> <p>Quesadilla Black Beans Spanish Rice Fruit</p> <p>Breakfast Sausage Link Biscuit</p>	<p>7</p> <p>Salisbury Steak w/ Gravy & Roll Butter Beans Mashed Potatoes Fruit</p> <p>Breakfast Cinnamon Bun</p>	<p>8</p> <p>Grilled Chicken Sandwich Oven Baked Fries Fresh Carrots Fruit</p> <p>Breakfast Chicken Biscuit</p>	<p>9</p> <p>Hamburger Sweet Potato Fries Broccoli & Cheese Fruit Cookie</p> <p>Breakfast Mini Bagels</p>
<p>12 13 14 15 16</p> <h1 style="font-size: 4em; margin: 0;">Fall Break</h1>				
<p>19</p> <p>Taco Corn Refried Beans Fruit</p> <p>Breakfast Sausage Pancake on a Stick</p>	<p>20</p> <p>Chicken Nuggets Roll Mashed Potatoes English Peas Fruit</p> <p>Breakfast Cinnamon Raisin Biscuit</p>	<p>21</p> <p>Corndog Green Beans Glazed Carrots Fruit</p> <p>Breakfast Scrambled Eggs, Sausage Link, Biscuit</p>	<p>22</p> <p>Cheeseburger Potato Rounds Broccoli & Cheese Fruit</p> <p>Breakfast Chicken Biscuit</p>	<p>23</p> <p>Pizza Sweet Potato Fries Corn Fruit Cookie</p> <p>Breakfast Frudel</p>
<p>26</p> <p>Quesadilla Pinto Beans Corn Fruit</p> <p>Breakfast Mini French Toasts</p>	<p>27</p> <p>Chicken Sandwich Glazed Sweet Potatoes Steamed Cabbage Fruit</p> <p>Breakfast Steak Biscuit</p>	<p>28</p> <p>Turkey Sandwich Fresh Carrots Onion Rings Fruit Pudding</p> <p>Breakfast Breakfast Pizza</p>	<p>29</p> <p>Steak Nuggets Roll Butter Beans Mashed Potatoes Fruit</p> <p>Breakfast Sausage Biscuit</p>	<p>30</p> <p>Hotdog Broccoli & Cheese Green Beans Fruit</p> <p>Breakfast Breakfast Burrito</p>

Cereal, Cereal Bars, Pop-Tarts, and Muffins are available at breakfast.

A variety of juices are available at breakfast.

Plain & Flavored Milk is available with all meals. Water is available for \$1.