



Headland Middle School Menu

September 2015



31	<p>Beef Nachos Corn Pinto Beans Fruit</p> <p style="text-align: center;">Breakfast Mini Waffles</p>	1	<p>Hamburger Sweet Potato Fries Broccoli & Cheese Fruit</p> <p style="text-align: center;">Breakfast Biscuit, Egg, Sausage Link</p>	2	<p>Salisbury Steak w/ Gravy & Roll Butter Beans Mashed Potatoes Fruit</p> <p style="text-align: center;">Breakfast Cinnamon Bun</p>	3	<p>Grilled Chicken Sandwich Oven Baked Fries Fresh Carrots Fruit</p> <p style="text-align: center;">Breakfast Chicken Biscuit</p>	4	<p>Quesadilla Black Beans Spanish Rice Fruit Jello</p> <p style="text-align: center;">Breakfast Bagel</p>
7	HOLIDAY	8	<p>Corndog Green Beans Glazed Carrots Fruit</p> <p style="text-align: center;">Breakfast Cinnamon Raisin Biscuit</p>	9	<p>Chicken Nuggets Roll Mashed Potatoes English Peas Fruit</p> <p style="text-align: center;">Breakfast Scrambled Eggs, Sausage, & Biscuit</p>	10	<p>Cheeseburger Potato Rounds Broccoli & Cheese Fruit</p> <p style="text-align: center;">Breakfast Chicken Biscuit</p>	11	<p>Pizza Sweet Potato Fries Corn Fruit</p> <p style="text-align: center;">Breakfast Frudel</p>
14	<p>Quesadilla Pinto Beans Corn Fruit</p> <p style="text-align: center;">Breakfast Mini French Toasts</p>	15	<p>Chicken Sandwich Glazed Sweet Potatoes Steamed Cabbage Fruit</p> <p style="text-align: center;">Breakfast Steak Biscuit</p>	16	<p>Turkey Sandwich Fresh Carrots Onion Rings Fruit</p> <p style="text-align: center;">Breakfast Breakfast Pizza</p>	17	<p>Steak Nuggets Roll Butter Beans Mashed Potatoes Fruit</p> <p style="text-align: center;">Breakfast Sausage Biscuit</p>	18	Student Holiday
21	<p>Crispitos Corn Refried Beans Fruit</p> <p style="text-align: center;">Breakfast Mini Pancakes</p>	22	<p>Chili Cheese Fries Fresh Carrots Roll Fruit</p> <p style="text-align: center;">Breakfast Pizza</p>	23	<p>Chicken Tenders Turnips Mac & Cheese Black-eyed Peas Fruit</p> <p style="text-align: center;">Breakfast Ham, Egg, & Cheese Croissant</p>	24	<p>Spaghetti w/ Meatballs Breadstick Garden Salad Fruit</p> <p style="text-align: center;">Breakfast Sausage Biscuit</p>	25	<p>BBQ Sandwich Oven Baked Fries Green Beans Fruit</p> <p style="text-align: center;">Breakfast Mini Cinnis</p>
28	<p>Pizza Sweet Potato Fries Corn Fruit</p> <p style="text-align: center;">Breakfast Frudel</p>	29	<p>Chicken Nuggets Roll Mashed Potatoes English Peas Fruit</p> <p style="text-align: center;">Breakfast Mini French Toasts</p>	30	<p>Smoked Sausage Roll Turnips Squash Fruit</p> <p style="text-align: center;">Breakfast Steak Biscuit</p>	<p>Cereal, Cereal Bars, Pop-Tarts, and Muffins are available at breakfast.</p> <p>A variety of juices are available at breakfast.</p> <p>Plain & Flavored Milk is available with all meals.</p> <p>A la carte items are available - 50¢-\$1</p>			