

Intervention and Response:

For Parents

If Your Child is Bullied at School

- Take a breath, relax - it's important that you approach the situation with an open mind
- Ask questions, gain information from your child, listen to and support your child
 - Name all those involved.
 - How long has it happened?
 - Who did you tell?
 - What did they do?
- Begin communication with the school - talk to your child's teacher
- Take action by offering your child positive strategies
- If the problem continues, immediately report the incident to the Principal/Assistant Principal
- Seek professional assistance for your child, *if necessary*

What DOESN'T Work

- Encouraging your child to fight back
 - Blaming the school/teacher
 - Encouraging your child to ignore it
 - Approaching the child who is bullying
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If Your Child Bullies Others at School?

- Communicate directly to your child:
 - I know you have been involved in bullying
 - Bullying is a serious behavior that is hurtful to others
 - Additional bullying behavior will not be tolerated
 - I am working with your school to monitor your future behavior and/or activities
 - Bullying may result in suspension, expulsion, and possible criminal charges
- Impose sanctions at home for bullying
- Maintain open communication with school staff
- Monitor your child's activities and peer group
- Help your child develop positive behavior patterns
- Seek professional assistance for your child, *if necessary*

What DOESN'T Work

- Blaming the victim
 - Ignoring the problem
 - Protecting your child from consequences
 - Denial
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Always look for warning signs that may tell you if your child is being bullied or bullying someone else.

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