



Hoover City Schools

Elementary/Middle School

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	SCHOOL MEALS IMPROVE LEARNING & ENGAGEMENT! School is Back!	French Toast Sticks OR Assorted Dry Cereal	Chicken Biscuit OR Assorted Dry Cereal	Sausage Biscuit OR Assorted Dry Cereal
14	15	16	17	18
Pancakes with Maple Syrup OR Assorted Dry Cereal	Breakfast Pizza OR Assorted Dry Cereal	French Toast Sticks OR Assorted Dry Cereal	Sausage Biscuit OR Assorted Dry Cereal	Cinnamon Roll OR Assorted Dry Cereal
21	22	23	24	25
Sausage Pancake Wrap OR Assorted Dry Cereal	Chicken Biscuit OR Assorted Dry Cereal	French Toast Sticks OR Assorted Dry Cereal	Pancake Sausage Bites OR Assorted Dry Cereal	Cheese Grits & Scrambled Eggs OR Assorted Dry Cereal
28	29	30	31	
Pancakes with Maple Syrup OR Assorted Dry Cereal	Breakfast Pizza OR Assorted Dry Cereal	French Toast Sticks OR Assorted Dry Cereal	Sausage Biscuit OR Assorted Dry Cereal	Here's to a GRADE A Year Everyone!

Assorted Fresh Fruit, Canned Fruit, 100% Fruit Juice & Low-Fat/Fat-Free Milk options offered daily!



Mini Yogurt Parfaits with granola served EVERYDAY with either entrée



Academy of Nutrition and Dietetics
Academy of Nutrition and Dietetics Foundation

kidseatright.org