

Attitude and Respect

Attitude Toward Yourself

- ◆ Think well of yourself personally—self-esteem, self-confidence.
- ◆ Think well of yourself professionally—competency.
- ◆ Project a professional image at all times.
- ◆ Appreciate and understand the importance of the work that you do.
- ◆ Seek professional self-development on your own—don't wait to be told!
- ◆ Carefully select professional and/or community organizations for membership.
- ◆ Consider the value system of others while examining your own values.
- ◆ Realize your personal worth.

If you don't think well of yourself, it is difficult for others to respect you.

Soft Skills @ Work

