

## Health Advantage Dependent Care Flexible Spending Accounts



Save for day care, child care, preschool, summer day camps and adult day care.

### **Save on taxes.**

With a Health Advantage dependent care flexible spending account (FSA)\*, you can save for day care, child care, nursery school and preschool tax-free. If you are working, you are able to use your account to pay for the care of your child under the age of 13 or to care for qualifying dependent adults, like elderly parents, who can't care for themselves.

### **How it works.**

You can enroll in a Health Advantage dependent care FSA as long as you and your spouse are working, looking for work or are a full-time student.

With a dependent care FSA, you choose how much to contribute, up to a maximum of \$5,000 per household, per year. Your employer deducts this amount from each paycheck, before taxes. You don't have to pay federal, state or payroll taxes on the money credited to your account, although a couple of states do tax contributions. You save money as you lower your income taxes.

### **Dependent care funds are deposited every pay period.**

The money you contribute to your dependent care FSA is deducted from your paychecks and deposited into your account. The total funds you contribute annually are not immediately available at the beginning of the plan year. This is an important difference between a dependent care FSA and a health care FSA. As soon as you have money in your dependent care FSA, you can use it to pay for eligible dependent care expenses.

### **You may be able to use your account to pay for:**

- Nursery school and preschool
- Eligible child care
- Before and after school programs
- Babysitters
- Adult day care for an elderly dependent

For a full list of eligible expenses, contact your benefits representative.

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### **Start saving today.**

Sign up for a Health Advantage dependent care FSA during benefits enrollment.

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## Important things to know about your account.

### How to enroll.

Things to consider:

- What dependent care services will you need during the year?
- How often will you use these services?
- How much will everything cost?

### Support and account information.

Your account information is available anytime at [optumhealthfinancial.com](http://optumhealthfinancial.com) or on the mobile app.

### Changing your contributions.

In special situations — if you have a baby, adopt a child or become responsible for an adult — you may be able to adjust the amount you contribute to your dependent care FSA. This is called a change in status. If you have a change in status, your benefits representative can help you adjust your contributions. If you leave the company during the plan year, you may be able to submit claims for the rest of the year.

### Health accounts can affect your taxes.

Depending on your taxable income, a Health Advantage dependent care FSA may save you more money than the tax credit on your income tax filing. You can't claim a dependent care tax credit on your federal income tax return for services that were reimbursed by your dependent care FSA. Consult a tax advisor to see what option is best for you.

### It's simple to manage your account.

Optum gives you the resources you need to make the most of your health care dollars. Access your account at [optumhealthfinancial.com](http://optumhealthfinancial.com) anytime. And use Android™ or Apple® mobile apps to connect with your account and get messages. When you have questions, our customer care professionals are available with answers.



\*Flexible spending arrangements are often called flexible spending accounts.

Dependent care flexible spending accounts are administered by OptumHealth Financial Services, Inc.

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