

## Teamwork and Work Habits - Activity 10

### What Is Your Work Attitude?

Complete the following questions by circling Yes or No.

- |                                                           |     |    |
|-----------------------------------------------------------|-----|----|
| 1. Do you smile often?                                    | YES | NO |
| 2. Are you willing to change when needed?                 | YES | NO |
| 3. Are you able to see the other person's point of view?  | YES | NO |
| 4. Do you complain?                                       | YES | NO |
| 5. Do you accept the responsibility for mistakes?         | YES | NO |
| 6. Do you think of the good in others?                    | YES | NO |
| 7. Do you criticize others?                               | YES | NO |
| 8. Do you look the other person in the eye when speaking? | YES | NO |
| 9. Do you respect the ideas and opinions of others?       | YES | NO |
| 10. Do you have a variety of interests?                   | YES | NO |

What areas need improving?

Are you willing to improve in those areas?

Explain how you plan to improve those areas.

--Common Essential Elements Successful Employment

### Soft Skills @ Work

