

**Jefferson County High School
Course Syllabus**

A. Course *CPR*

B. Department *Physical Education – Lifetime Wellness*

C. Course Description *This course entails practice and application of the standards and accepted principles of safety education and first aid. After successful completion of this course, students will be certified by the American Heart Association in CPR for health care providers and AED. Students must effectively complete several skill tests, make at least an 84 on a final written test and have regular attendance to pass with qualifications for certification.*

D. Grade Term *9 Week Course*

E. Grading Scale

<u>Range</u>	<u>Honors/ Regular</u>	<u>College-Level</u>	<u>A.P.</u>
93-100 A	4.0	4.5	5.0
85-92 B	3.0	3.5	4.0
75-84 C	2.0	2.5	3.0
70-74 D	1.0	1.5	2.0

F. Term Dates

- a. 1st 9 Weeks August 5, 2016 – October 7, 2016
- b. 2nd 9 Weeks October 8, 2016 – December 16, 2016
- c. 3rd 9 Weeks January 5, 2017 – March 15, 2017
- d. 4th 9 Weeks March 16, 2017 – May 25, 2017

G. Textbook(s) *American Heart Association – Basic Life Support – Provider Manual*

H. Procedures for Parental Access to Instructional Materials

- a. Aspen Parent Portal
- b. Instructor's Website
- c. Email Instructor
- d. Parent Teacher Conference
 - a. There are two designated conference dates during the school year. Parents who would like to request additional meetings may make appointments for conferences with the teachers (during their planning periods), counselors, or a principal by telephoning the school office.

I. Field Trips

- a. Any schedule fieldtrip will have a definite educational purpose and will reflect careful planning. Signed permission forms will be obtained when an off campus trip is planned.

CPR

9 Week Course

CPR

Standard – Acquire knowledge and skills necessary to recognize, respond, and apply appropriate procedures to accidental and life-threatening situations.

- I can describe the importance of high-quality CPR (cardiopulmonary resuscitation) and its impact on survival.
 - I can describe all of the steps of the Chain of Survival.
 - I can apply the BLS (Basic Life Support) concepts of the Chain of Survival.
 - I can recognize the signs of someone needing CPR.
 - I can perform high-quality CPR for an adult.
 - I can describe the importance of early use of an Automated External Defibrillator (AED).
 - I can demonstrate the appropriate use of an AED.
 - I can provide effective ventilation by using a barrier device.
 - I can perform high-quality CPR for a child.
 - I can perform high-quality CPR for an infant.
 - I can describe the importance of teams in multi-rescuer resuscitation.
 - I can perform as an effective team member during multi-rescuer CPR.
 - I can describe the technique for relief of foreign-body airway obstruction for an adult and child.
 - I can describe the technique for relief of foreign-body airway obstruction for an infant.
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