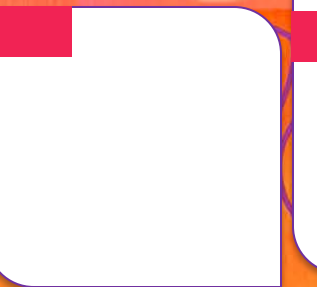
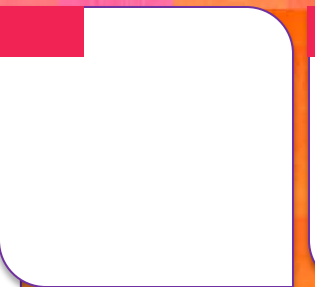




High School Breakfast Menu

March, 2019



4

Apple Bosco Stick
WG Donut Holes

Cup Applesauce
100% Fruit Juice

4

Breakfast Pizza
Banana Muffin
String Cheese

Cup Diced Pears
100% Fruit Juice

5

Cheesy Ham & Eggs
w/ Toast
Glazed Donut

Fresh Banana
100% Pineapple Juice

6

Country Chicken
Biscuit
WG Cinnamon Bagel
w/Cream Cheese

Cup Applesauce
100% Fruit Juice

7

Waffles w/ Sausage
Chocolate Chip Muffin

Cup Mixed Fruit
100% Apple Juice

8

Egg, Sausage &
Cheese w/ Toast
WG Donut Holes

Cup Diced Pears
100% Fruit Juice

11

Cheesy Egg Biscuit
Glazed Donut

Fresh Grapes
100% Fruit Juice

12

Pancakes w/ Syrup
Bacon
Yogurt w/ String
Cheese

Fresh Apples
100% Fruit Juice

13

Ham & Cheese Biscuit
Chocolate Chip Muffin

Cup Mixed Fruit
100% Fruit Juice

14

Sausage & Cheese
English Muffin
Plan Bagel w/Cream
Cheese

Cup Diced Peaches
100% Fruit Juice

15

Egg & Cheese Burrito
Glazed Donut

Fresh Banana
100% Orange Juice

18

Waffles w/ Sausage
Chocolate Chip Muffin

Fresh Apples
100% Apple Juice

19

Egg & Cheese Omelet
WG Blueberry Bagel
w/Cream Cheese

Cup Mixed Fruit
100% Fruit Juice

20

Ham, Egg Biscuit
Chocolate Chip Muffin

Cup Applesauce
100% Fruit Juice

21

Bacon, Egg & Cheese
Flatbread
WG Donut Holes

Cup Mixed Fruit
100% Fruit Juice

22

NO SCHOOL
PARENT/
TEACHER
CONFERENCE
DAY

25

26

27

28

29

SPRING BREAK

More info... Staff Breakfast served daily at Gary Gore between 6:30am – 830am.

More info... Served Daily Pick 3 items to create a meal.

Parfaits, Smoothies, WG Toast, Breakfast Bar, Assorted Hot/Cold Cereal; Fat Free White & Chocolate Milk; 100% Fruit Juice; Cup of Fruit.

Lunch Menu March 2019

Jennings High School

Monday						
	Cheese Pizza Sausage Pizza Pepperoni Pizza Veggie Pizza Buffalo Chicken Pizza	Spicy Chicken SDW Chicken SDW Cheeseburger Fish Sandwich Grilled Chicken Panni	Ham Sandwich Turkey Sandwich Chicken Salad Tuna Salad Vegetarian Sub	BBQ Pulled Chicken Meatloaf w/Gravy Loaded Baked Potato	Soft/Hard Tacos Cheese Nachos Beef Nachos Chicken Nachos Cheese Quesadillas	
	Tuesday	Cheese Pizza Sausage Pizza Pepperoni Pizza Veggie Pizza Meatball Stromboli	Spicy Chicken SDW Chicken SDW Cheeseburger Fish Sandwich Grilled Cheese Panni	Ham Sandwich Turkey Sandwich Chicken Salad Tuna Salad Roast Beef Sandwich	General TSO Chicken w/Rice Beef & Broccoli w/ Rice Orange Popcorn Chicken w/Rice	Soft/Hard Tacos Cheese Nachos Beef Nachos Chicken Nachos Chicken Quesadillas
	Wednesday	Cheese Pizza Sausage Pizza Pepperoni Pizza Veggie Pizza Meatlovers Calzone	Spicy Chicken SDW Chicken SDW Cheeseburger Fish Sandwich Grilled Chicken Panni	Ham Sandwich Turkey Sandwich Chicken Salad Tuna Salad Buffalo Chicken Panni	Chicken & Noodle Soup Chicken Alfredo w/Broccoli Spaghetti w/ Meatballs	Soft/Hard Tacos Cheese Nachos Beef Nachos Chicken Nachos Beef & Bean Burrito
	Thursday	Cheese Pizza Sausage Pizza Pepperoni Pizza Veggie Pizza Pepperoni Stomboli	Spicy Chicken SDW Chicken SDW Cheeseburger Fish Sandwich Grilled Cheese Panni	Ham Sandwich Turkey Sandwich Chicken Salad Tuna Salad Reuben Sandwich	Buffalo Boneless Chicken WG Pancakes w/Chicken Sausage Chicken Alfredo Calzone	Soft/Hard Tacos Cheese Nachos Beef Nachos Chicken Nachos Chicken Enchiladas
Friday	Cheese Pizza Sausage Pizza Pepperoni Pizza Veggie Pizza Meatball Pizza	Spicy Chicken SDW Chicken SDW Cheeseburger BBQ Hamburger on Bun Roasted Vegetable Panni	Ham Sandwich Turkey Sandwich Chicken Salad Tuna Salad Chicken Caesar Wrap	Fish Taco Fish Sandwich Pasta Primavera	Soft/Hard Tacos Cheese Nachos Beef Nachos Taco Salad Bowl Mexican Pizza	
Daily	Fresh Carrot Sticks Sliced Cucumbers Tossed Salad Fresh Celery Sticks Fresh Zucchini	Tater Tots Sweet Potato Fries Fresh Celery Sticks Fresh Tomato Wedges Green Bean Salad	Cole Slaw Potato Salad Baked Chips Baby Carrots Sandwich Condiments	Tater Tots Vegetarian Baked Beans Steamed Vegetables Mashed Potato Dinner Roll	Refried Beans Santé Fe Rice Vegetarian Black Beans Sliced Tomatoes Corn Relish	

Specialties Served with

Brown Rice
WG Pasta
WG Tortillas

More info.... Please take at least 3 of the components to make a meal.

Fresh Salad Bar
Fresh Fruit
Dinner Roll
Sunbutter & Jelly Sandwich