



January

2019

Junior High Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
31 <div style="text-align: center; font-size: 2em; color: blue; font-weight: bold;">WINTER BREAK</div>	1 <div style="text-align: center; font-size: 2em; color: blue; font-weight: bold;">WINTER BREAK</div>	2 <div style="text-align: center; font-size: 2em; color: blue; font-weight: bold;">WINTER BREAK</div>	3 <div style="text-align: center; font-size: 2em; color: blue; font-weight: bold;">WINTER BREAK</div>	4 <div style="text-align: center; font-size: 2em; color: blue; font-weight: bold;">WINTER BREAK</div>	Special News... More Info... Served Daily
7 No School Staff Development Day	8 Cheesy Ham & Eggs w/ Toast Fresh Banana 100% Pineapple Juice	9 Country Chicken Biscuit Cup Applesauce 100% Fruit Juice	10 Blueberry Bagel w/Cream Cheese Cup Mixed Fruit 100% Apple Juice	11 Sausage, Egg & Cheese Biscuit Cup Diced Pears 100% Fruit Juice	Grab n Go Breakfast Cart Parfaits Smoothies
14 Cheesy Egg Biscuit Cup Mixed Fruit 100% Fruit Juice	15 Country Chicken Biscuit Cup Diced Pears 100% Fruit Juice	16 Apple Cinnamon Muffin String Cheese Cup Applesauce 100% Fruit Juice	17 Grilled Cheese SDW Cup Mixed Fruit 100% Fruit Juice	18 Egg, Sausage & Cheese w/ Toast Cup Diced Pears 100% Fruit Juice	WG Toast Hot/Cold WG Cereal Breakfast Bar
21 No School Dr. Martin Luther King, Jr.	22 Pancakes w/ Syrup Bacon Fresh Banana 100% Fruit Juice	23 Apple Bosco Stick Cup Apple Sauce 100% Fruit Juice	24 Bacon, Egg & Cheese Flatbread Cup Mixed Fruit 100% Fruit Juice	25 Chicken Biscuit Cup Mixed Fruit 100% Fruit Juice	Cup Fruit 100% Juice
28 Biscuit & Sausage Gravy Cup Mixed Fruit 100% Fruit Juice	29 Blueberry Bagel w/Cream Cheese Cup Mixed Fruit 100% Apple Juice	30 Chicken Biscuit Cup Mixed Fruit 100% Fruit Juice	31 Apple Cinnamon Muffin String Cheese Cup Applesauce 100% Fruit Juice	1 Pancakes w/ Syrup Bacon Fresh Banana 100% Fruit Juice	Fat Free White & Chocolate Milk



January

2019

Junior Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
31	1	2	3	4	Special News... More Info... Served Daily Create a Meal by taking 3 of the meal component Deli Station Pizza Station Tortilla Station Fresh Fruit & Vegetable Salad Bar Cup of Vegetable Cup Fruit Fat Free White & Chocolate Milk <small>Menus are subject to change without notice.</small>
NO SCHOOL Winter Break					
7 No School Staff Development	8 Buffalo Boneless Chicken Dinner Roll Baked Beans Fresh Apples	9 Chicken Alfredo Dinner Roll Steamed Carrots Sliced Cucumbers Cup Applesauce	10 Asian Beef Steak Wrap Celery Sticks Fresh Apples	11 Grilled Cheese w/Tomato Soup Fresh Celery Fresh Oranges	
14 Chili Dog on Bun Tater Tots Steamed Broccoli Fresh Apples	15 Asian Chicken Noodle Bowl Dinner Roll Steamed Carrots Fresh Grapes	16 Country Chicken Bowl Fresh Celery Sticks Vegetable Medley Fresh Apples	17 Buffalo Boneless Chicken Dinner Roll Vegetarian Baked Beans Fresh Carrot Sticks Fresh Oranges	18 Chicken Nachos Mexican Corn Fresh Broccoli Fresh Apples	
21 No School Dr. Martin Luther King, Jr. Day	22 Beef Philly Steak SDW Tater Tots Campfire Pinto Beans Fresh Apples	23 Turkey Chili w/ Crackers Celery Sticks Tossed Salad Cup Applesauce	24 Oven Roasted Chicken w/ Dinner Roll Mashed Potatoes Steamed Carrots Fresh Banana	25 Fish Sandwich Mexican Corn Fresh Carrot Sticks Fresh Apple	
28 Lasagna w/ Meatsauce w/ Dinner Roll Tossed Salad Fresh Orange Sliced Cucumbers	28 Chicken Philly Steak SDW Steamed Broccoli Fresh Apples	30 Popcorn Chicken Bowl Green Beans Cup Applesauce Celery Sticks	31 Chicken & Waffles Tater Tots Baby Carrots Mixed Fruit Cup	1 Hotdog on Bun Tater Tots Vegetarian Baked Beans Fresh Grapes	

Jennings School District Junior High

Special News...

Please call two days in advance to request Staff Lunch.
Cost \$3.35 314 653-8120 Thank you

