



March

2019

Junior High Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1 Pancakes w/ Syrup Bacon Fresh Banana 100% Fruit Juice	Special News... More Info... Served Daily Grab n Go Breakfast Cart Parfaits Smoothies WG Toast Hot/Cold WG Cereal Breakfast Bar Cup Fruit 100% Juice Fat Free White & Chocolate Milk
4 Egg, Sausage & Cheese w/ Toast Cup Diced Pears 100% Fruit Juice	5 Cheesy Ham & Eggs w/ Toast Fresh Banana 100% Pineapple Juice	6 Country Chicken Biscuit Cup Applesauce 100% Fruit Juice	7 Blueberry Bagel w/Cream Cheese Cup Mixed Fruit 100% Apple Juice	8 Sausage, Egg & Cheese Biscuit Cup Diced Pears 100% Fruit Juice	
11 Cheesy Egg Biscuit Cup Mixed Fruit 100% Fruit Juice	12 Country Chicken Biscuit Cup Diced Pears 100% Fruit Juice	13 Apple Cinnamon Muffin String Cheese Cup Applesauce 100% Fruit Juice	14 Grilled Cheese SDW Cup Mixed Fruit 100% Fruit Juice	15 Sausage Breakfast Pizza Fresh Banana 100% Fruit Juice	
18 Blueberry Bagel w/Cream Cheese Cup Mixed Fruit 100% Apple Juice	19 Pancakes w/ Syrup Bacon Fresh Banana 100% Fruit Juice	20 Apple Bosco Stick Cup Apple Sauce 100% Fruit Juice	21 Bacon, Egg & Cheese Flatbread Cup Mixed Fruit 100% Fruit Juice	22 No School Parent/Teacher Conference	
25	26	27	28	29	

SPRING BREAK



March

2019

Junior High Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1 Lasagna w/Meatsauce Dinner Roll Tossed Salad Sliced Cucumbers Fresh Orange	Special News... More Info... Served Daily Create a Meal by taking 3 of the meal component Deli Station <i>Turkey SDW Ham SDW Chicken Salad Tuna Salad</i> Pizza Station <i>Cheese Vegetable Sausage Pepperoni</i> Tortilla Station <i>Nachos Beef & Chicken Tacos Burritos Taco Salad Bowl</i> Fresh Fruit & Vegetable Salad Bar Fat Free White & Chocolate Milk
4 Grilled Cheese SDW Tomato Soup Fresh Celery Sticks Fresh Grapes	5 Buffalo Boneless Chicken Dinner Roll Vegetarian Baked Beans Baby Carrots Fresh Apples	6 Chicken Alfredo Dinner Roll Steamed Broccoli Sliced Cucumbers Fresh Banana	7 Beef Steak Wrap Sweet Potato Fries Fresh Cauliflower Cup of Mix Fruit	8 Fish Tacos Cole Slaw Fresh Tomato Wedges Fresh Oranges	
11 Chili Dog on Bun Tater Tots Steamed Broccoli Fresh Apples	12 Chicken Noodle Soup Dinner Roll Steamed Carrots Fresh Zucchini Fresh Grapes	13 Country Chicken Bowl Fresh Celery Sticks Vegetable Medley Fresh Apples	14 Buffalo Boneless Chicken Dinner Roll Vegetarian Baked Beans Fresh Carrot Sticks Fresh Oranges	15 Meatloaf w/Gravy Dinner Roll Green Beans Fresh Apple Celery Sticks	
18 Spaghetti w/ Meatball Dinner Roll Green Bean Tomato Wedges Fresh Orange	19 Beef Philly Steak French Fries Baby Carrots Fresh Apples	20 Turkey Chili w/ Crackers Celery Sticks Tossed Salad Cup Mix Fruit	21 Oven Roasted Chicken w/ Dinner Roll Mashed Potatoes Steamed Carrots Fresh Banana	22 NO SCHOOL PARENT/TEACHER CONFERENCE DAY	
25					
26					
27					
28					
29					
<h1>SPRING BREAK</h1>					

Menus are subject to change without notice.

Jennings School District Junior High

Special News...

Please call two days in advance to request Staff Lunch.
 Cost \$3.35 314 653-8120 Thank you

