

SGC FOODSERVICE
WHITEMAN ELEMENTARY LUNCH
OCTOBER 2017

Sep 14, 2017

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| Mon - 10/2/2017 CORN DOG Ketchup POTATO WEDGE BAKED BEANS FRUIT HILAND MILK CHICKEN SALAD SANDWICH W/ CARROTS | Tue - 10/3/2017 CHICKEN PARMESAN BREADSTICK BROCCOLI W/ CHEESE CARROTS FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS | Wed - 10/4/2017 CHICKEN PATTY BROWN GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS | Thu - 10/5/2017 BBQ RIB SANDWICH FRENCH FRIES Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS | Fri - 10/6/2017 CHEESE PIZZA ROMAINE SALAD W/ TOMATO BABY CARROTS RANCH DRESSING FRESH FRUIT HILAND MILK CHICKEN CIABATTA W/ CARROTS |
| Mon - 10/9/2017 CHICKEN NUGGET BROWN RICE FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS | Tue - 10/10/2017 BEEFY MAC & CHEESE BREADSTICK CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS | Wed - 10/11/2017 CHICKEN STRIPS BISCUIT GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN SALAD SANDWICH | Thu - 10/12/2017 TACO SALAD Salsa SEASONED BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD SANDWICH | Fri - 10/13/2017 PEPPERONI PIZZA ROMAINE SALAD W/ TOMATO CUCUMBER SLICES RANCH DRESSING FRUIT HILAND MILK CHICKEN CIABATTA W/ CARROTS |
| Mon - 10/16/2017 CRISPITO CHEESE SAUCE SALSA CORN FRUIT COOKIES MILK TURKEY AND CHEESE SUB W/ CARROTS AND DIP | Tue - 10/17/2017 LASAGNA BREADSTICK BROCCOLI W/ CHEESE CARROTS FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS | Wed - 10/18/2017 CHICKEN PATTY BROWN GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS | Thu - 10/19/2017 BBQ RIB SANDWICH FRENCH FRIES Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS | Fri - 10/20/2017 CHEESE PIZZA ROMAINE SALAD W/ TOMATO CUCUMBER RANCH DRESSING FRESH FRUIT HILAND MILK CHICKEN CIABATTA W/ CARROTS |

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| Mon - 10/23/2017 CHEESEBURGER ON WHOLE WHEAT BUN KETCHUP FRENCH FRIES FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS | Tue - 10/24/2017 SPAGHETTI W/ MEAT SAUCE BREADSTICK CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS | Wed - 10/25/2017 CHICKEN STRIPS BISCUIT GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN SALAD SANDWICH W/ CARROTS | Thu - 10/26/2017 CHICKEN FAJITA Salsa SEASONED BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD W/ CARROTS | Fri - 10/27/2017 SAUSAGE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK CHICKEN CIABATTA W/ CARROTS |
| Mon - 10/30/2017 CORN DOG Ketchup POTATO WEDGE BAKED BEANS FRUIT HILAND MILK CHICKEN SALAD SANDWICH W/ CARROTS | Tue - 10/31/2017 CHICKEN PARMESAN BREADSTICK BROCCOLI W/ CHEESE CARROTS FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS | | | |

*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER

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