

SEPTEMBER 2017 Knob Noster Elementary School, Whiteman Elementary School and Knob Noster Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri-9-1-2017 Whole Grain Biscuit Biscuit Gravy Sausage Link Fruit Fruit Juice Hiland Milk Or cereal, juice and milk
Mon-9-4-2017 Labor Day NO SCHOOL	Tues-9-5-2017 Omelet Colby Cheese Whole Wheat toast Fresh fruit Fruit Juice Hiland Milk Or Cereal, Juice and Milk	Wed-9-6-2017 Breakfast Pizza Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Thur-9-7-2017 Whole Grain Pancake Wrap Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Fri-9-8-2017 Whole Grain Biscuit Biscuit Gravy Sausage Link Fruit or Fruit Juice Hiland Milk Or cereal, juice and milk
Mon-9-11-2017 Pancakes Syrup Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Tues-9-12-2017 Breakfast Burrito Fresh fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Wed-9-13-2017 Cinnamon Swirl Cake Yogurt Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Thur-9-14-2017 Pillsbury French Toast Syrup Fruit Fruit Juice Hiland milk Or cereal, juice and milk	Fri-9-15-2017 Whole Grain Biscuit Biscuit Gravy Sausage Link Fruit or Fruit Juice Hiland Milk Or cereal, juice and milk
Mon-9-18-2017 Sausage Biscuit Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Tues-9-19-2017 Omelet Colby Cheese Whole Wheat toast Fresh fruit Fruit Juice Hiland Milk Or Cereal, Juice and Milk	Wed-9-20-2017 Breakfast Pizza Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Thur-9-21-2017 Whole Grain Pancake Wrap Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Fri-9-22-2017 Whole Grain Biscuit Biscuit Gravy Sausage Link Fruit or Fruit Juice Hiland Milk Or cereal, juice and milk
Mon-9-25-2017 Pancakes Syrup Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Tues-9-26-2017 Breakfast Burrito Fresh fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Wed-9-27-2017 Cinnamon Swirl Cake Yogurt Fruit Fruit Juice Hiland Milk Or cereal, juice and milk	Thurs-9-28-2017 Pillsbury French Toast Syrup Fruit Fruit Juice Hiland milk Or cereal, juice and milk	Fri-9-29-2017 Whole Grain Biscuit Biscuit Gravy Sausage Link Fruit or Fruit Juice Hiland Milk Or cereal, juice and milk

NOTICE: The data contained within this report and the NUTRIKIDS Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions. USDA is an equal opportunity employer. Menus are subject to change