



FOOD4LIFE®
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Elementary School Breakfast Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

**August
2019**

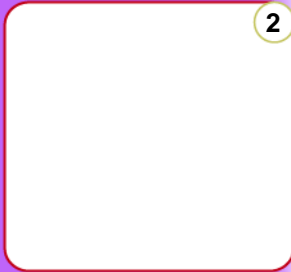
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

UBR Breakfast Round

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

6

Warm French Toast
Syrup
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

7

Assorted WG Muffin
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

8

Baked WG Bagel and Cheese

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

9

Glazed WG Dount

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

12

Warm WG Pancakes
Syrup
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

13

WG Iced Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

14

Warm Apple Churro
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

15

Yogurt Parfait with Fruit &
Granola

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

16

Glazed WG Dount

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

19

UBR Breakfast Round

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

20

Warm French Toast
Syrup
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

21

Assorted WG Buffin
Celery Sticks

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

22

Baked WG Bagel and Cheese

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

23

Glazed WG Dount

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

26

Warm WG Pancakes
Syrup
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

27

WG Ice Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

28

Warm Apple Churro
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

29

Yogurt Parfait with Fruit &
Granola

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

30

Glazed WG Dount

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

Prices

Regular	\$0.00
Reduced	\$0.00
Adult	\$1.50
Bottled Water	\$0.75
Extra Milk	\$0.50



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
PB&J or Yogurt Pack are available every day.
For questions or comments, contact the FSD
Christopher Gallaga:
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