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Lake Havasu High School Breakfast Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

August
2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

Sausage Cheese Bagel
French Toast Sticks
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

6

Iced Donut
Biscuits & Gravy
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

7

Ham Flatbread
Breakfast Bake
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

8

Breakfast Bowl
Pancake on a Stick
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

9

Breakfast Burrito
Ham & Cheese on a Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

12

Sausage Cheese Bagel
or Mini Bagel
French Toast Sticks
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

13

Iced Donut
Biscuits & Gravy
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

14

Ham Flatbread
Breakfast Bake
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

15

Breakfast Bowl
Pancake on a Stick
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

16

Ham & Cheese on a Bagel
Breakfast Burrito
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

19

Sausage Cheese Bagel
French Toast Sticks
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

20

Iced Donut
Biscuits & Gravy
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

21

Ham Flatbread
Breakfast Bake
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

22

Breakfast Bowl
Pancake on a Stick
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

23

Breakfast Burrito
Ham & Cheese on a Bagel
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

26

Sausage Cheese Bagel
or Mini Bagel
French Toast Sticks
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

27

Iced Donut
Biscuits & Gravy
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

28

Ham Flatbread
Breakfast Bake
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

29

Breakfast Bowl
Pancake on a Stick
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

30

Ham & Cheese on a Bagel
Breakfast Burrito
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

Prices

Regular Lunch	\$2.75
Reduced Lunch	\$0.40
Regular Breakfast	\$1.25
Reduced Breakfast	\$0.30
Adult	\$3.75

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim
is included
with lunch. For questions or comments, contact
the FSD
Christopher Gallaga:
taher.foodservice@lhusd.org 928-854-5411

