

Thunderbolt Middle School

August
2019



Remember
to eat your
fruit & vegetables.

Lunch Menu

5
MONDAY

- Classic Cafe** Spicy Chicken Tenders, Kettle Potato Chips
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

6
TUESDAY

- Classic Cafe** BBQ Pork, Golden French Fries
- Pizza Parlor** Cheese, Pepperoni or Chef's Choice
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

7
WEDNESDAY

- Classic Cafe** BBQ Roasted Chicken, Whole Grain Dinner Roll, Golden French Fries
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

8
THURSDAY

- Classic Cafe** Tator Tots, Golden French Fries
- Pizza Parlor** Cheese, Pepperoni or Chef's Choice
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

9
FRIDAY

- Classic Cafe** Grilled Cheese Sandwich, Tator Tots
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

EXTRA INFO



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. For questions or comments, contact the FSD Christopher Gallaga: taher.foodservice@lhud.org 928-854-5411

Menus are subject to change without notice. This institution is an equal opportunity provider.



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Lunch Menu

12

MONDAY

Classic Cafe French Toast Sticks, Sausage Patty, Baked Beans

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

Build Your Own Country Bowl - Built Your Way

15

THURSDAY

Classic Cafe Chicken Nuggets Basket, Golden French Fries

Pizza Parlor Cheese, Pepperoni or Chef's Choice

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

Build Your Own Country Bowl - Built Your Way

13

TUESDAY

Classic Cafe Spicy Chicken Tenders, Mexican Corn

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

Build Your Own Country Bowl - Built Your Way

16

FRIDAY

Classic Cafe Cheesecake Dunkers with Marinara, Green Beans

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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14

WEDNESDAY

Classic Cafe Meatloaf, Whole Grain Dinner Roll, Mashed Potatoes, Gravy

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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Classic Cafe Parmesan Chicken, Garlic Breadstick, Caesar Salad

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

Build Your Own Country Bowl - Built Your Way

20

TUESDAY

Classic Cafe Tater Tot Nacho's, Roasted Corn

Pizza Parlor Cheese, Pepperoni or Chef's Choice

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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21

WEDNESDAY

Classic Cafe Sloppy Joe on a Bun, Golden French Fries

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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22

THURSDAY

Classic Cafe Sweet & Sour Chicken, Roasted Broccoli, Whole Grain Dinner Roll, Fortune Cookie

Pizza Parlor Cheese, Pepperoni or Chef's Choice

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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23

FRIDAY

Classic Cafe Meatballs and Gravy, Whole Grain Dinner Roll, Glazed Carrots

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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26

MONDAY

Classic Cafe French Toast Sticks, Sausage Patty, Breakfast Potatoes

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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27

TUESDAY

Classic Cafe Salisbury Steak Sandwich, Kettle Potato Chips

Pizza Parlor Cheese, Pepperoni or Chef's Choice

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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28

WEDNESDAY

Classic Cafe Spicy Chicken Tenders, Garden Vegetable Salad, Garlic Breadstick

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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29

THURSDAY

Classic Cafe Chicken Nuggets Basket, Golden French Fries, Whole Grain Dinner Roll

Pizza Parlor Cheese, Pepperoni or Chef's Choice

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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30

FRIDAY

Classic Cafe Double Dogs, Green Beans

Grill Station Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

Taste of Mexico Nachos, Tacos & Burritos with all the fixings

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