



Elementary School Breakfast Menu

February
2020

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Pancakes Syrup Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>4</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>5</p> <p>Warm Strawberry Pop-Tart Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>6</p> <p>Yogurt Parfait with Fruit & Granola</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>7</p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>10</p> <p>Hot Oatmeal</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>11</p> <p>Warm French Toast Syrup Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>12</p> <p>Fresh Baked Cinnamon Roll Graham Crackers</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>13</p> <p>Hot Ham & Cheese on Bun</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>14</p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>17</p> <p>"Sleep late, save time, every morning with BREAKFAST in school!"</p>	<p>18</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>19</p> <p>Warm Strawberry Pop-Tart Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>20</p> <p>Yogurt Parfait with Fruit & Granola</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>21</p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>24</p> <p>Hot Oatmeal</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>25</p> <p>Warm French Toast Syrup Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>26</p> <p>Fresh Baked Cinnamon Roll Graham Crackers</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>27</p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>28</p> <p>Green Eggs Ham Toast Points</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>Do you like Green Eggs and Ham?</p>	<p>Join us for a Magical Dr. Suess. Breakfast to celebrate the beloved author.</p>	<p>February 28th, in all Elementary Schools.</p>		<p>Choose MyPlate.gov</p>

INFORMATION

Regular	\$1.25
Reduced	\$0.30
Adult	\$1.50
Bottled Water	\$0.75
Extra Milk	\$0.50

EXTRA INFO

Chocolate Skim is included with lunch.
PB&J or Yogurt Pack are available every day.
For questions or comments,
contact the FSD Christopher Gallaga:
taher.foodservice@lhusd.org 928-854-5411

HARVEST OF



THE MONTH

Your **MENUS** plus more
information on our app
Taher Food4Life®



www.taher.com