



# Elementary School Breakfast Menu

February  
2020

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Pancakes Syrup Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>4</b></p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>5</b></p> <p>Warm Strawberry Pop-Tart Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>6</b></p> <p>Yogurt Parfait with Fruit &amp; Granola</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>7</b></p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>10</b></p> <p>Hot Oatmeal</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>11</b></p> <p>Warm French Toast Syrup Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>12</b></p> <p>Fresh Baked Cinnamon Roll Graham Crackers</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>13</b></p> <p>Hot Ham &amp; Cheese on Bun</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>14</b></p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>17</b></p> <p>"Sleep late, save time, every morning with BREAKFAST in school!"</p>	<p><b>18</b></p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>19</b></p> <p>Warm Strawberry Pop-Tart Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>20</b></p> <p>Yogurt Parfait with Fruit &amp; Granola</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>21</b></p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>24</b></p> <p>Hot Oatmeal</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>25</b></p> <p>Warm French Toast Syrup Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>26</b></p> <p>Fresh Baked Cinnamon Roll Graham Crackers</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>27</b></p> <p>Glazed WG Dount</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>28</b> <b>Dr Seuss Breakfast</b></p> <p>Green Eggs Ham Toast Points</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>Do you like Green Eggs and Ham?</p>	<p>Join us for a Magical Dr. Seuss. Breakfast to celebrate the beloved author.</p>	<p>February 28th, in all Elementary Schools.</p>		<p>Choose <b>MyPlate</b>.gov</p>

**INFORMATION**

Regular	\$0.00
Reduced	\$0.00
Adult	\$1.50
Bottled Water	\$0.75
Extra Milk	\$0.50

**EXTRA INFO**

Chocolate Skim is included with lunch.  
PB&J or Yogurt Pack are available every day.  
For questions or comments,  
contact the FSD Christopher Gallaga:  
taher.foodservice@lhusd.org 928-854-5411

**HARVEST OF**



**THE MONTH**

Your **MENUS** plus more  
information on our app  
**Taher Food4Life®**



www.taher.com