



Elementary School Lunch Menu

September
2019

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day No School	3 Soft Beef Tacos Ham Deli Sub Sandwich Refried Beans	4 Pulled Pork Sandwich Crispy Chicken Sandwich Roasted Corn Beef Taco Salad	5 Nat'l Cheese Pizza Day Cheese Pizza Chicken Fajitas Roasted Cauliflower Chef Salad	6 Roasted Hot Dog on a Bun Cheeseburger on Bun Tator Tots Southwest Chicken Salad
9 Ham, Egg & Cheese on Biscuit Biscuits & Gravy Egg Patty Turkey Deli Sub Sandwich Breakfast Potatoes	10 Soft Chicken Taco Salad Slider Refried Beans	11 Cheeseburger on Bun BBQ Chicken Sandwich Garden Salad Chicken Caesar Salad	12 Crispy Chicken Tenders Corn Dog Pretzel Bites w/Cheese Cubes Golden French Fries	13 Cheese Pizza Italian Meatball Sub Turkey BLT Wrap Caesar Salad
16 Hot Dog Basket Crispy Chicken Sandwich Chicken Caesar Wrap Kettle Potato Chips	17 Carnita Nachos Pizza Munchable Refried Beans	18 Grilled Cheese Sandwich Riblet Sandwich Turkey Deli Sub Sandwich Garden Salad	19 Cheeseburger on Bun Hot Ham & Cheese Sandwich Crispy Chicken Salad Golden French Fries	20 Cheesbread Dunkers with Marinara Italian Pasta Bake Garlic Breadstick Honey Mustard Ham Wrap Green Beans
23 Sloppy Joe on a Bun Hot Ham & Cheese Sandwich Turkey BLT Salad Baked Beans	24 Walking Taco Ham Deli Sub Sandwich Roasted Corn	25 Meatloaf Crispy Chicken Nuggets Chicken Caesar Salad Whole Grain Dinner Roll Mashed Potatoes Gravy	26 National Pancake Day Pancakes Biscuits & Gravy Egg Patty Beef Taco Salad Breakfast Potatoes	27 Cheese Pizza Chicken Fajitas Chef Salad Kettle Potato Chips
30 Corn Dog Turkey Cheese Bagel Turkey BLT Wrap Tator Tots				 <p>Choose MyPlate.gov</p>

PRICES

Regular	\$2.50
Reduced	\$0.40
Adult	\$3.75
Bottled Water	\$0.75
Extra Milk	\$0.50

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. PB&J or Yogurt Pack are available every day. For questions or comments, contact the FSD Christopher Gallaga: taher.foodservice@lhUSD.org 928-854-5411

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app **TaHer Food4Life®**



www.taHer.com