



Elementary School Snack Menu

October
2019

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Choose MyPlate.gov</p>	1 Animal Crackers 1% Milk Fresh Fruit Bar	2 Mini Bagel 1% Milk Fresh Fruit Bar	3 Assorted Muffins 1% Milk Fresh Fruit Bar	4 Parent Conferences
	7 Fall Break	8 Fall Break	9 Fall Break	10 Fall Break
14 Cheezits 1% Milk Fresh Fruit Bar	15 Animal Crackers 1% Milk Fresh Fruit Bar	16 Mini Bagel 1% Milk Fresh Fruit Bar	17 Assorted Muffin 1% Milk Fresh Fruit Bar	18 Goldfish Crackers 1% Milk Fresh Fruit Bar
21 Cheezits 1% Milk Fresh Fruit Bar	22 Animal Crackers 1% Milk Fresh Fruit Bar	23 Mini Bagel 1% Milk Fresh Fruit Bar	24 Assorted Muffins 1% Milk Fresh Fruit Bar	25 Goldfish Crackers 1% Milk Fresh Fruit Bar
28 Cheezits 1% Milk Fresh Fruit Bar	29 Animal Crackers 1% Milk Fresh Fruit Bar	30 Mini Bagel 1% Milk Fresh Fruit Bar	31 Assorted Muffin 1% Milk Fresh Fruit Bar	

PRICES	Regular	\$2.50
	Reduced	\$0.40
	Adult	\$3.75
	Bottled Water	\$0.75
	Extra Milk	\$0.50

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. PB&J or Yogurt Pack are available every day. For questions or comments, contact the FSD Christopher Gallaga: taher.foodservice@lhUSD.org 928-854-5411



Your **MENUS** plus more information on our app **Taher Food4Life®**