





Lake Havasu High School Breakfast Menu

February
2020

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pancake and Sausage French Toast Sticks Choice of Cereal Graham Crackers Fruit and Vegetable Bar	4 Iced Donut Biscuits & Gravy Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	5 Pizza Bagel Panini Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	6 Breakfast Bowl Ham & Egg Cheese Sandwich Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	7 Ham & Cheese on a Bagel Breakfast Burrito Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag
10 Pancake and Sausage French Toast Sticks Choice of Cereal Graham Crackers Fruit and Vegetable Bar	11 Iced Donut Biscuits & Gravy Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	12 Pizza Bagel Panini Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	13 Breakfast Bowl Ham & Egg Cheese Sandwich Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	14 Ham & Cheese on a Bagel Breakfast Burrito Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag
17 Presidents Days "Sleep late, save time, every morning with BREAKFAST in school!"	18 Iced Donut Biscuits & Gravy Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	19 Pizza Bagel Panini Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	20 Breakfast Bowl Ham & Egg Cheese Sandwich Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	21 Ham & Cheese on a Bagel Breakfast Burrito Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag
24 Pancake and Sausage French Toast Sticks Choice of Cereal Graham Crackers Fruit and Vegetable Bar	25 Iced Donut Biscuits & Gravy Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	26 Pizza Bagel Panini Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	27 Breakfast Bowl Ham & Egg Cheese Sandwich Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag	28 Ham & Cheese on a Bagel Breakfast Burrito Choice of Cereal Graham Crackers Fruit and Vegetable Bar Everyday Grab and Go Bag
			  <p>Choose MyPlate.gov</p>	

INFORMATION

Regular Lunch	\$2.75
Reduced Lunch	\$0.40
Regular Breakfast	\$1.25
Reduced Breakfast	\$0.30
Adult	\$3.75

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
 Skim is included with lunch.
 For questions or comments, contact the FSD
 Christopher Gallaga
 taher.foodservice@lhUSD.org

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app
TaHer Food4Life®



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