



# Lake Havasu High School Sandwich & Salad Menu

October  
2019

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Choose <b>MyPlate</b>.gov</p>	<b>1</b> Double Decker PB & J Sandwich Buffalo Chicken Salad	<b>2</b> Turkey Sandwich Chef Salad	<b>3</b> Early Release	<b>4</b> Parent Conferences
	<b>7</b> Fall Break	<b>8</b> Fall Break	<b>9</b> Fall Break	<b>10</b> Fall Break
<b>14</b> Turkey BLT Wrap Turkey BLT Salad	<b>15</b> Double Decker PB & J Sandwich Buffalo Chicken Salad	<b>16</b> Turkey Sandwich Chef Salad	<b>17</b> Early Release	<b>18</b> Buffalo Chicken Wrap Taco Salad
<b>21</b> Crispy Chicken Wrap Chicken Caesar Salad	<b>22</b> Double Decker PB & J Sandwich Buffalo Chicken Salad	<b>23</b> Ham Deli Sub Sandwich Chef Salad	<b>24</b> Early Release	<b>25</b> Ham Sliders Taco Salad
<b>28</b> Turkey BLT Wrap Turkey BLT Salad	<b>29</b> Double Decker PB & J Sandwich Buffalo Chicken Salad	<b>30</b> Turkey Sandwich Chef Salad	<b>31</b> Early Release	

**PRICES**

Regular Lunch	\$2.75
Reduced Lunch	\$0.40
Regular Breakfast	\$1.25
Reduced Breakfast	\$0.30
Adult	\$3.75

**EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. For questions or comments, contact the FSD  
Christopher Gallaga:  
taher.foodservice@lhUSD.org 928-854-5411

**HARVEST OF THE MONTH**



Your **MENUS** plus more information on our app  
TaHER Food4Life®



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