



Lake Havasu High School Staffs Lunch Menu

September
2019

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Soft Beef Tacos Brown Rice Pinto Beans Salad Bar	4 Pulled Pork Sandwich Golden French Fries Salad Bar	5 Build Your Own Sub Salad Bar	6 Double Dogs Kettle Potato Chips Salad Bar
9 Biscuits & Gravy Scramble Eggs Breakfast Potatoes Salad Bar	10 Spicy Chicken Tenders Golden French Fries Salad Bar	11 BBQ Chicken Sandwich Golden French Fries Salad Bar	12 Build your own Sandwich Salad Bar	13 Italian Meatball Sub Golden French Fries Salad Bar
16 Roasted Hot Dog on a Bun Kettle Potato Chips Salad Bar	17 Carnita Nachos Brown Rice Pinto Beans Salad Bar	18 Grilled Cheese Sandwich Homemade Tomato Soup Salad Bar	19 Build your own Sandwich Salad Bar	20 Italian Pasta Bake Garlic Breadstick Salad Bar
23 Sloppy Joe on a Bun Kettle Potato Chips Salad Bar	24 Spicy Chicken Tenders Golden French Fries Salad Bar	25 Meatloaf Mashed Potatoes Gravy Salad Bar	26 Build Your Own Sandwich Salad Bar	27 Chicken Fajitas Brown Rice Pinto Beans Salad Bar
30				 <p>Choose MyPlate.gov</p>

PRICES	Regular Lunch	\$2.75
	Reduced Lunch	\$0.40
	Regular Breakfast	\$1.25
	Reduced Breakfast	\$0.30
	Adult	\$3.75

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. For questions or comments, contact the FSD
 Christopher Gallaga:
 taher.foodservice@lhUSD.org 928-854-5411

HARVEST OF THE MONTH






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